

# M.S. - KINESIOLOGY EXERCISE PHYSIOLOGY SPECIALIZATION

Earn your MS in Kinesiology with a specialization in Sport Management from San José State University!



## HIGHLIGHTS

- Internationally published and recognized faculty
- Programs of study in exercise physiology, clinical exercise physiology, and strength and conditioning (NSCA recognized program).
- Strategic Location: Access to professional, collegiate, and community sport organizations, as well as influential companies outside the traditional sport scope.
- Student developed programs of study and research opportunities.

My experience in the program was great. My advisors and professors were phenomenal. I am an Exercise Physiologist at a Cardiac Rehabilitation Clinic and the research experience and knowledge I acquired in this program has been indispensable for my success in this profession!

-Gustavo Aldama, '22 (right)

Now employed with the Washington Hospital Healthcare System



## WHY EARN AN M.S. IN KINESIOLOGY AT SJSU

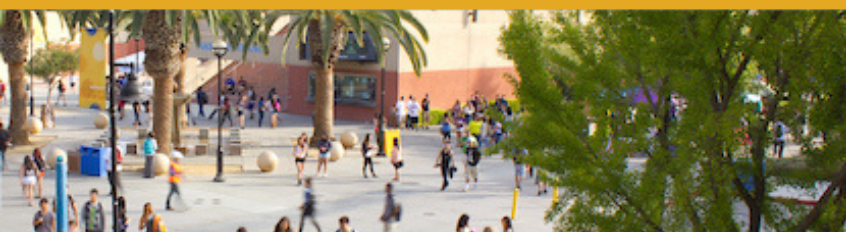
- Excellent opportunity to link your personal passion with employment opportunities and scholarship in your chosen field of exercise physiology.
- Advance your knowledge through graduate coursework in exercise physiology, environmental exercise physiology and clinical exercise physiology.
- Gain hands-on experience at a relevant internship site.



The Exercise Physiology specialization helps prepare students to meet societal challenges for health and wellness. There are 3 areas of focus in the exercise physiology graduate program: General Exercise Physiology, Clinical Exercise Physiology, and Strength & Conditioning (NSCA recognized program).

## PROGRAM ENTRY REQUIREMENTS

- 3.0 GPA in last 60 semester units, (2.75 and above considered).
- Complete Cal State Apply application.
- Two letters of recommendation.



## COURSEWORK

### CORE COURSES

- KIN 250 - Fundamentals of Quantitative Research
- KIN 251 - Fundamentals of Qualitative Research

### EXERCISE PHYSIOLOGY COURSES

- KIN 255 - Advanced Exercise Physiology
- KIN 256 - Environmental Exercise Physiology
- KIN 287 - Advanced Clinical Exercise Physiology
- KIN 285 - Internship

### ELECTIVES

Electives courses are chosen with your academic advisor to accentuate and bolster your program of study.

"I chose to pursue my Master's Degree in Exercise Physiology at San Jose State University because of the tremendous class of instructors, as well as the long-standing history that SJSU has with physical education. My professors have been excellent at inspiring and nurturing my quest for knowledge, as well as providing opportunities in which I can further expand my understanding.

- Stephen Richardson, '24 (below, right)



After meeting Dr. Cisar and touring the SJSU campus, I knew this was the place to be! My experience did not disappoint as it was the perfect blend of academic rigor and unbridled encouragement. The course curriculum coordinated well with my work schedule and I was able to develop a pathway germane to my career

- Pamela Ben Rached, '18 (above, left)

## Curious to learn more? Contact Us!

For information about the Masters of Science in Kinesiology at SJSU, contact graduate coordinator Dr. Cole Armstrong at [cole.armstrong@sjsu.edu](mailto:cole.armstrong@sjsu.edu), and visit our website: <https://www.sjsu.edu/kinesiology>

Questions about the university graduate application process? Contact the College of Graduate Studies at [grad-admissions@sjsu.edu](mailto:grad-admissions@sjsu.edu).

**Apply Now: [www.calstate.edu/apply](http://www.calstate.edu/apply)**