



VOL. 9, SUMMER 1995

NEWSLETTER

DEPARTMENT OF NUTRITION AND FOOD SCIENCE

Greetings Alumni and Friends!



Numerous activities have taken place in the Department of Nutrition and Food Science this school year 1994-95, and we look forward to a successful year ahead. We now have a total of 238 majors (171 Bachelors and 67 Masters).

Packaging Technology is a new concentration program that joined our Department last Fall, and we were happy to welcome **Dr. Jorge Marcondes**, a new Packaging faculty member, to our staff. Dr. Marcondes comes to us from *Victoria University* in Australia and has also taught at *Massey University* in New Zealand and *Michigan State University*. Dr. Marcondes has been a packaging engineer for the *Burlington Railroad* in the United States, as well as for *Arno*, *South American* and *3M Company* in Brazil, where he is from originally. We are excited to see the opportunities for collaboration with food science, nutrition and packaging.

A needs assessment has been conducted and a proposal formulated for a new minor in Packaging/Food Science this year. The proposal for the new minor has been reviewed and approved at the College level, and we await review at the University and Chancellor's levels this academic year.

We also welcomed **Alan Finkelstein** as a temporary faculty replacement for **Joan Giampaoli** while she is on a two-year leave of absence to pursue a doctoral degree at *Oregon State University*. Mr. Finkelstein is a certified chef, and has an MBA in business administration. He brings advanced culinary knowledge and skills to the Department.

Dr. Ronald Usiewicz, our new faculty in Hospitality/Restaurant Management, was introduced in the last newsletter. He served as the Director of the *Institute for Research and Professional Development* for the *College of Applied Science and Arts*, Spring semester 1995. As you might guess, our new faculty are extremely busy teaching courses, obtaining grants, writing publications, and giving presentations. We are still short one tenure-track faculty member in Nutrition/Dietetics, however, due to the early retirements in 1992.

It was a pleasure to see many of you at the *Circle of Friends Reception* April 4th led by our Director, **Caroline**

Fee. Martin Yan, of *Yan Can Cook*, was our honored guest. Our goal this year is to raise money to purchase a food demonstration mobile unit for use in teaching dietetics, foodservice, and hospitality/restaurant management courses.

We are compiling our Five-Year Program Plan/Review for the University, which is due in December. Many thanks to those of you who completed outcomes assessment surveys as alumni and employers/supervisors. Results of the survey are important input for us in evaluating the past and planning for the future.

We couldn't be a successful program without the help of our alumni and friends in industry and the community. I would like to thank you for your monetary support, as well as your willingness to provide field trips and speak as guest lecturers to classes and to the student organizations. The sharing of your practical experience provides grounding to the theory taught in the classroom. You serve as wonderful role models for our students, and we are appreciative of your dedication to education.

Special thanks go to **Stephanie Brooks**, **Helen DeMarco**, **Judith Schallberger**, and **Caroline Fee** for creating this outstanding Newsletter.

Remember to keep us informed of any addresses, job or name changes so we can keep in touch.

Have a fantastic year 1995-96!

Lucy McProud, Ph.D., R.D., Chairperson
Department of Nutrition & Food Science

UPCOMING EVENTS

- Student Poster Session, *San Jose Peninsula District of California Dietetic Association*, Sponsored by SJSU Sept. 20, 1995
- Annual Meeting of the *American Dietetic Association*, Chicago, IL Oct. 30-Nov. 3, 1995
- Annual Meeting of the *American Society for Parenteral & Enteral Nutrition*, Washington, DC. Jan. 14-17, 1996
- Circle of Friends Reception*, SJSU Spring, 1996
- Annual Meeting of the *Institute of Food Technologists*, New Orleans, LA Jun. 22-26, 1996

NEW INSTRUCTOR: ALAN FINKELSTEIN

Alan Finkelstein, M.B.A., has been with SJSU since Fall Semester, 1994. He will continue teaching for the Department of Nutrition and Food Science throughout the next school year while **Joan Giampoli** is on leave. Classes he is teaching are Culinary Concepts, Foodservice Production Management (lecture and laboratory), Professionalism in Nutrition and Food Science, Sanitation and Environmental Issues, and Foodservice Procurement.

Alan, a New York native, attended *the Culinary Institute of America*. As an international Chef, Alan has experience working in several foreign countries and regionally in the U.S. In California, some of the positions he has held are: Food Service Consultant at *Sonoma State University*; Chef Instructor at *Laney College* in Oakland for 8 years; Executive Chef at *SJSU Spartan Shop* for 5 years; and Owner-Operator of *Symphony Foods*. In addition, Alan was involved in a food product development business for 2 years. Alan currently resides in Berkeley, with his wife and three children. His future goals and aspirations are to develop new food products for consumers, emphasizing low-fat, healthy and delicious products.

News from Joan Giampoli

Joan Giampoli, M.S., faculty member, specializing in foodservice management, is on a 2 year leave of absence pursuing her Ph.D. degree at *Oregon State University* (OSU). Her January 1995 letter (which follows) gives her personal insight of her life as a Ph.D. student:

My first term at OSU has been smooth and relatively calm. The classes I completed last term were Cultural Aspects of Foods, Instructional Systems Design and Services Marketing, my most challenging course. I enjoyed taking these courses and learned a great deal from them. It is exciting to see how the courses you take relate to each other and how you can use these courses in other aspects of life. It all does come together with a purpose. As a graduate teaching assistant, I was responsible for teaching the Quantity Foods Lab which was quite familiar to me. However, I must say I miss teaching the students at San Jose State University; it is different here. Winter term I will be taking Statistics, Negotiating Skills and Seminar and Dissertation Research. My minor will be business since my dissertation will involve this field. I will also be teaching Purchasing this Winter, another familiar course for me, thankfully.

I have received wonderful support from the faculty, and they have made me feel at home with them. They often invite the graduate students to their houses for dinner or out for dinner and frequently mingle on a social basis with them. With classes, the graduate teaching assistants generally have free reign to conduct the courses as they see appropriate, within reason of course, so our individual styles can be incorporated. It has been

a learning experience in relating to students with a different background.

To sum up, I have been doing well and look forward to my other terms at OSU. I also look forward to returning and seeing everyone again. I miss you all, and hope you are doing well. I would love to hear from you. All the best for a happy and successful year.

Bye for now, Joan

Dr. Jorge Marcondes New Packaging Faculty Member

Dr. Marcondes, Associate Professor of Packaging Technology, brings to the Department a 12-year career path of international consulting and employment acquired in Australia, New Zealand, and Brazil. Jorge is multilingual. He has presented and spoken at a number of seminars and conferences nationally and in several countries including South East Asia and South America. Employment history includes the *3M Company* and *Burlington Northern Railroad* as a Packaging Engineer.

Jorge holds an M.S. Degree in Packaging Engineering, and a Ph.D. in Transportation Engineering from *Michigan State University*. At San Jose State University, Dr. Marcondes leads the newly-acquired Packaging Technology program and teaches the bulk of the courses. As the recipient of multiple grants, his pursuit of scholarly work is evident in his involvement in applied research. His expertise also encompasses the role of seminar leader and industry consultant.

Dr. Ronald Usiewicz, Hospitality/Restaurant Management Faculty Member

Ronald A. Usiewicz received his Ph.D. in Educational Administration at *Kent State University*, his M.S. in Home Economics Education at *the University of Wisconsin - Stout*, and his B.S. in Hotel, Restaurant and Institutional Management from *Penn*

Sate. Dr. Usiewicz has been in higher education for the past twenty-four years. He has held teaching and/or administrative positions at *Penn State*, *University of Wisconsin - Stout*, *University of New Haven*, *University of Akron*, *Lynn University*, and *Sierra Nevada College*. Dr. Usiewicz has been a CEO of two consulting companies and President/Owner of *Armondo's Restaurant, Inc.* He has also worked for *Hyatt*, *Walgreens* and *Sheraton Corporation*. In addition to his academic responsibilities in the Department of Nutrition and Food Science at SJSU as an Associate Professor, he was also Director of the *Institute for Research and Professional Development*, for Spring, 1995. Current research interest areas include learning outcomes assessment and the impact of entertainment/amusement centers on residential neighborhoods.



Caroline Fee, NuFS Faculty, presenting award to Martin Yan

**MARTIN YAN, YAN CAN COOK
1995 DISTINGUISHED HONORARY MEMBER**

Martin Yan, international culinary celebrity, was recognized by the *Circle of Friends* as the 1995 Distinguished Honorary Member. The gala reception, hosted by the *Circle*, was held in the new *Simpkins Stadium Center*.

Martin Yan is truly an extraordinary professional. He is not only a Master Chef, but also holds a Master's Degree in Food Science from the *University of California at Davis*. Additionally, he has authored nine cookbooks and is founder of the *Yan Can International Cooking School*.

His many honors include the prestigious *Antonin Careme Award* given by the Chef's Association of the Pacific Coast and the *Courvosier Leadership Award*. He was also named Culinary Diplomat for the *American Culinary Federation*, along with Paul Prudhomme.

But, perhaps, his most visible accomplishment is creator and host of *Yan Can Cook*, the national public television show that's been running since 1983 and was elected as the 1994 best television cooking program by the *James Beard Foundation*.

It is here that his extraordinary gift as an educator is most apparent. His passion and wonderful touch of humor captivate viewers as they watch his incredible food preparation techniques. He has been aptly described as "poetry in motion". His trademark of combining joy and fun with healthy cooking and eating makes him truly unique.

The *Circle of Friends* recognizes with great honor and appreciation, Martin Yan, as its 1995 Distinguished Honorary Member.



Martin Yan presenting chef's clever to Alan Finkelstein, NuFS Faculty and chef of the reception



Guests enjoying food at the *Circle of Friends* reception



President Caret with Dr.'s McProud and Gordon at the *Circle of Friends* reception

**CIRCLE of FRIENDS CREATES
a FUTURE of PROMISE!**

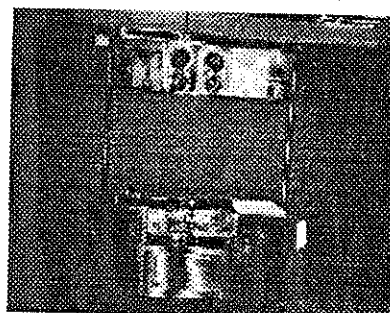
The Department's *Circle of Friends* was started 2 years ago by our alumni as a proactive response to dwindling state support for public higher education. At that time, it became clear that private funding was crucial to enrich our students educational opportunities and maintain the excellence of our program.

Our first major accomplishment was raising funds to complete the Department's *Food Processing Pilot Plant* which was necessary to continue our program's accreditation with the *Institute of Food Technologists*.

This year, monies raised were used to create a Physical Assessment Laboratory where body composition studies are performed. We were able to purchase a Bio-Electric Impedance Analyzer, a state-of-the-art instrument that measures the ratio of body fat to lean body mass.

Our planned project for the coming year is the purchase of a "Portable Food Demonstration Unit" (complete with overhead mirrors) which is sorely needed for our Food Service and Food Science classes. At present, students are watching demonstrations standing behind one another "on tiptoes". These projects in addition to the creation of six new scholarship funds give a flavor of what the *Circle of Friends* is about.

You, too, can share in the joy of building a "future of promise", thus, ensuring the vitality and excellence of our Department. The *Circle of Friends* welcomes you as a member! (An application is provided in the newsletter).



**Portable Food
Demonstration Unit**

Physical Assessment Lab: Thanks to Circle of Friends



The *Physical Assessment Lab* (PAL) officially opened Fall semester 1994 after policies and procedures were developed. With approval from the *SJSU Human Subjects Review Board*, the lab is set-up for graduate students to do research using the *Bio-electric Impedance Analyzer* (BIA) to determine body composition. The purchase of the BIA was made possible from funding raised by the *Circle of Friends*.

Sandra Mohr, was interviewed by the *Spartan Daily*. This provided publicity of the lab to the entire campus. Immediately following the article's publication, students, faculty and staff from many departments on campus came for testing. Business at the lab showed a record high of 14 people tested during a 3 hour period!

"Since the nutrition field is to help educate others, we feel the PAL is an important assessment tool of body health" stresses Ms. Mohr. Upon receiving their body composition results, clients frequently inquire into nutrition and exercise guidelines. Clients are then referred to a registered dietitian and/or an exercise physiologist.

For Fall semester 1995, the PAL will be open for continued testing at a nominal fee (\$5.00 for students, faculty, staff and NuFS alums). The hours of operation will be announced at a later date. Please call the NuFS Department at (408) 924-3100 for Fall testing details.

FACULTY UPDATES

Dr. Elveda Smith, emeritus professor, retired in 1993 after being on the faculty for 28 years. She remains very active having served on the *Santa Clara County Grand Jury* during July 1993-June 1994 and as Secretary of *San Jose Peninsula District of the California Dietetic Association* from 1994-1995. Her ongoing passion is to involve all of the Department's alumni in the *Circle of Friends*. She is truly the "Sherlock Holmes" of the Department having had incredible success in finding "lost alums". Dr. Smith continues her dedication to SJSU by generously providing yearly scholarships (one undergraduate and one graduate) to help deserving nutrition students complete their final year of study.

Fern Wendt taught in the Department for 31 years and retired as an emeritus professor in 1974. She was one of the founders of the *San Jose Peninsula District of the California Dietetic Association* and touched many students with her expertise in food service management and guidance in Dietetic Internship application. She now resides in Kansas City, Missouri, but continues her involvement in the Department's *Circle of Friends* by generously providing a yearly scholarship for a Food

Service Management student. Fern remains active with her many friends and family in the Kansas City area



Jean Downes retired in 1993 and is an emeritus professor. She remains very busy as author of *Ethnic Americans for the Health Professional* (a textbook used in SJSU Health Professions classes). Additionally, she is a member of the core faculty at the *Stanford Geriatric Education Center* where she develops educational materials for health care professionals who work

with ethnic elders. Jean is also an alumna of the Department, completing her Master's degree in 1974 with an emphasis in nutrition education. She fondly recalls her student years, particularly classmates and teachers who were "so friendly and helpful". Jean's devotion to students continues as she is an active member of the *Circle of Friends* and has created an endowed scholarship fund which is used for a yearly award to a student with special interest in nutrition education.

In Memory Of

Virginia Ziegler, M.S., 1986

Virginia will be fondly remembered by her classmates, teachers, colleagues, and friends. Her student years in the Department culminated in an outstanding Master's Project: "Southeast Asian Renal Exchange List." This "List" is still being requested for use by other renal dietitians. After graduating in 1986, Virginia worked as a clinical dietitian in San Mateo County and was a member of the *San Jose Peninsula District of the California Dietetic Association*.

ALUMNI NEWS!

Laura McEwen, (M.S., 1994)

Laura is completing her Master's thesis and applying to AP4 sites. She is currently employed at *Dole Food Research Technology* as a product developer. When Laura decided to pursue her Master's degree, she remembered **Dr. Belo's** advice "to take it easy and get excited about the program". The advice paid off as Laura did very well in her introductory chemistry class, which validated her decision to go back to school. One of her most memorable experiences was receiving the *Out-standing Graduate Student Award* last year. She said she worked hard, and it was great to be recognized by her professors.



Kathryn Cefaloni, (M.S., 1988)

Kathryn currently practices as a clinical dietitian at *Kaiser Santa Theresa*. During her student years, she was challenged by being a re-entry student. Kathryn particularly enjoyed studying at the same time as her children! Her entire experience at SJSU was great. When she was asked to present the graduation convocation speech, she was deeply touched and honored.

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Phyllis Simpkins, (B.A., 1946)

Phyllis and her husband, **Alan**, (also a SJSU alum) recently provided the funding and actively participated in the construction of the *Simpkins Stadium Center*, a state-of-the-art field house at Spartan Stadium.

Currently, Phyllis has been working on establishing a strong *SJSU Alumni Chapter* in Santa Cruz.

She is also involved in remodeling the *SJSU International Center* (prior to 1978, the *Kappa Kappa Gamma Sorority House*) to provide access for those with disabilities. Phyllis and Alan are planning to give this beautiful residential student facility to the University next year. Phyllis particularly remembers being a SJSU student during World War II. During this time, she and her classmates helped sew stars on American flags, one to honor each soldier who was a SJSU student.

Ann Fenolio, (B.A., 1946)

Now that Ann is retired from dietetics practice, she enjoys gardening and golf. She also volunteers at the *Village House & Gardens*. Ann's most memorable experience during her student years in the Department was the institutional cooking class and preparing for the "Bean Feed", a SJSU fund-raiser.



She also remembers only 5 or 6 students in the dietetics core classes. She was truly a well rounded student who enjoyed taking vocal classes at SJSU while pursuing her nutrition studies.



Leta Levin Frye, (M.S., 1982)

Leta is a dietitian for *Santa Clara County Senior Nutrition and Services Program* which offers the congregate lunch program, as well as home-delivered meals to seniors. Leta recounts her most memorable experience at SJSU when she was working on her Master's thesis-measuring the differences in products baked in

preheated versus non-preheated ovens. She was amazed how **Dr. McProud** was able to extract a wealth of information from a paper with dots all over it (generated from a potentiometer). In addition to her degree in NuFS, Leta received a second Master's degree in Gerontology from SJSU in December, 1994.

Frances Henderson, (B.S., 1981)

Frances is semi-retired but is still self-employed. She does individualized nutrition counseling at home on a part-time basis. Most of her clients are seeking counseling for weight control, digestive problems, and heart healthy diets. Frances fondly remembers her "many" years at SJSU spent in the

process of getting her degree. She enthusiastically recounts the joy of graduation, "at last!"



Joanne Mitani, (M.S., 1991)

Joanne received her Bachelor's degree in Dietetics from *U.C. Davis* before coming to SJSU to earn her Master's. She currently works at *First DataBank* as a product manager, where she loves her work. For the foodservice half of her AP4 experience, Joanne worked at *Spartan Shops* on campus specializing in computer applications. Joanne remembers this, particularly, as it

was an excellent learning experience due to the positive and wonderful people working there.



FOOD TOXICOLOGY - NuFS 5

Food Toxicology (NuFS 5) will be offered for the Fall '95 semester. This three-unit course will meet Tuesdays and Thursdays from 9:00-10:15 a.m. The course will be taught by **Dr. Pan Belo**, Food Science and Technology faculty.

The course is designed to introduce the basic principles of the scientific method of inquiry, illustrate the application and integrate the many aspects of life sciences in the study of food toxicology. The course will also create an awareness, appreciation and understanding of the basic principles and concepts of food toxicology, including how we use toxicological principles in managing toxic or potentially toxic substances in our food supply. For additional details and/or information concerning *Open University* enrollment availability, please call the NuFS Department at (408) 924-3100.

NUTRITION IN SPACE NuFS 196S - NEW COURSE OFFERING

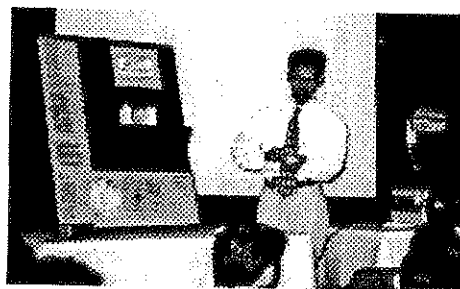
The Department of Nutrition and Food Science is introducing a new course, **Nutrition in Space (NuFS 196S)**, for the Fall '95 semester. This one unit course will meet on Mondays from 3:30-4:20 p.m.

Dr. Meena Navidi, Nutritionist at the *National Aeronautics and Space Administration* will teach the course. Students will learn nutritional needs and changes based on biochemical and physiological studies of spaceflight and microgravity. Macronutrient metabolism will be presented, as well as specific mineral metabolism such as calcium. Nutrient delivery systems and nutrient requirements in space will also be addressed. For additional details and/or information concerning *Open University* enrollment availability, please call the NuFS Department at (408) 924-3100.

DRUG-NUTRIENT INTERACTIONS - NuFS 296D

Drug-Nutrient Interactions, NuFS 296D, was introduced into the curriculum this Spring '95 semester because of the widespread use of drugs as treatments for many illnesses and the impact drugs may have on nutritional status. Further, food and nutrients may also affect drug action.

In the course, taught by **Dr. Barbara Gordon**, students learned about drug mechanisms of action, routes of administration, distribution, metabolism, and excretion. These were all explored, considering the possible interactions between drugs and nutrients and/or foods. The topics studied included: treatments and consequences of anti-hyperlipidemics, anti-hypertensives, anti-hyperglycemics, anti-depressants, and drugs used to treat Parkinson's Disease. Chemotherapeutic agents, antibacterial and anti-viral agents were also studied. In addition, nutrients used as pharmaceutical agents were presented.



Jonny Vu, presenting student project at IoPP meeting

PACKAGING UPDATE

The Packaging Technology Program has been very busy since the merge with the Department of Nutrition and Food Science. Students of the Packaging Design and Evaluation class presented finished projects at the *Institute of Packaging Professionals (IoPP) Golden Gate Chapter* meeting in San Jose last April. One of the projects entered and won an excellence award in the Chicago's Chipack packaging design contest. Other activities included the seminar on *Protective Packaging Design and Evaluation* during the 1995 Spring Break, which attracted several industry professionals. Additional training seminars and technical conferences are scheduled as well.

The program has received multiple grants, including a \$25,000 grant from the City of San Jose to investigate the use of molded pulp (as in egg cartons) as a protective packaging material for electronics. In the last school year (1994-95) \$16,000 was raised for student awards and scholarships. Approximately \$20,000 is to be awarded this coming year (1995-96) in scholarships. The money raised comes from industry and trade/technical associations.

NuFS and OT GARDEN PROJECT

A small garden used by Occupational Therapy students working with clinic clients was recently transformed into an Inter-disciplinary, *Student Demonstration Garden Project*. This transformation was the result of dedicated and hard working students from Nutrition and Food Science. Thus far, the number of students involved with the garden has doubled from 6 to 12 per semester. The garden will be the focus for nutrition education projects and expand partnerships between the University and community residents. The interdisciplinary aspect of the garden has stimulated information exchanges between students, hands on collaborations, research projects and treatment clinics. The *San Jose Mercury Newspaper* featured the **SJSU Garden Project** in the Garden section on June 29, 1995. Contributions from local nursery and hardware businesses have been instrumental in the success of this creative avenue of nutrition education.



NuFS 1995 Graduates at Convocation

Congratulations to 1995 Graduates!

The 1995 SJSU Commencement Ceremony held at Spartan Stadium on May 27 was followed by a gala NuFS Convocation and Luncheon for graduates, family, and friends at Italian Gardens, San Jose.

The event was hosted by the *Nutrition and Food Science Club* and organized by **Sandra Mohr** and **Dawn Ricks**, the club's convocation co-chairs. The event was presided over by **Dr. Lucy McProud**, Department of NuFS Chairperson. Guest speakers honoring the occasion were **Dr. Michael Ego**, Dean of the *College of Applied Sciences and Arts* and guest alumni speaker, **Jane Harmer, M.A. R.D.** Jane spoke of current opportunities and the future direction of dietetics. Jane received an *Alumna Recognition Award* for her contributions to the department. In addition, **Jane Kuczma**, a *College of Applied Sciences and Arts* Alumni Board Director, offered all graduates a 1 year free membership to the *University Alumni Association*. A special award was given to **Jean Thelsen**, Alumna, class of 1946, for her founding concept of the Department's *Circle of Friends*, which began 3 years ago, inspired by her suggestion.

Following the reception, luncheon, and processional, Dr. McProud began the ceremonies with the introduction of the faculty members of the Department of NuFS, which also includes Hospitality Management, and Packaging. Awards and scholarships were then presented to students and faculty. Student Award recipients named: **Deadra Rose Rubin** - *Outstanding Baccalaureate Student* and **Victoria G. Castelli** - *Outstanding Master of Science Candidate*. Students presented with scholarships: **Sharbari Khanna** and **Carolyn D'our** - *Josephine & Frank Morris Award*; **Mary Bowman** - *Fern Wendt Award*; **Carla Graves** - *Jean Downes Award*; **Deadra Rubin** and **Mary Loretta Rose** - *Department Service*



Dr's Belo, Gordon and Sucher with Outstanding Master of Science candidate Victoria Castelli

Awards; Karen Meredith and Helen DeMarco - Elveda Smith Award.

Faculty honors went to **Dr. Panfilo Belo**, who specializes in food science - *Outstanding Full-time Faculty Member* and **Dr. Diana Wright**, who specializes in world hunger - *Outstanding Part-time Faculty Member*. In addition, **Dr. Lucy McProud** won the first annual award from the *Nutrition and Food Science Club*. The annual award from the club is a way the club can give special recognition to an individual who goes above and beyond the call of duty for the welfare of all students in the department.



Deadra Rose Rubin, Outstanding Baccalaureate Student, at Convocation



Steinunn Aslaug Jonsdottir with her son at Convocation

CONGRATULATIONS TO OUR MASTER OF SCIENCE GRADUATES

Project Titles:

- Mary Katherine Bowman** - *Evaluation of the Effectiveness of Point-of-Choice Nutrition Information on Food Perception in a University Dining Hall.*
- Kelly Kline Butler** - *Evaluation of the Effectiveness of Point-of-Choice Nutrition Information on Customer Nutrition Knowledge and Perception in a University Residence Hall Foodservice.*
- Victoria G. Castelli** - *Evaluation of the Effectiveness of Computer Based Instructional (CBI) Coursework for Teaching Research Methodology to Undergraduate Students.*
- Jill Elizabeth Daniels** - *Evaluation of Nutrition Related Software.*
- Gwen Briggs D'Antoni** - *Dietary Intake of At-Risk Free-Living Elderly Subjects Receiving Meals on Wheels.*
- Sharbari Khanna** - *Development and Evaluation of Vegetarian Entrees for Middle School Children.*
- Jena Nelson-Hall** - *National Survey of Cultural foods Courses in Plan IV and DPD Programs.*
- Kathleen Wilkom** - *Acceptability and Nutrient Adequacy of Reduced Fat Cultural Menus for Preschool.*

NuFS STUDENT SUCCESSES

Sixteen recent graduate of the Nutrition and Food Science Department are going to complete a **Dietetic Internship or AP4 Programs.**

Kelly Kline Butler: Watsonville Community Hospital, Watsonville CA (AP4)

Victoria G. Castell: Choices for Children, Campbell, CA and Kaiser Medical Center, Santa Clara, CA (AP4)

Jill Daniels: Santa Clara Valley Medical Center, San Jose, CA (AP4)

Gwen D'Antoni: V.A. Medical Center, Palo Alto, CA (AP4)

Carolyn D'Our: University of Cincinnati Hospital, Cincinnati, Ohio (Internship)

Paula Glazier: San Mateo General Hospital, San Mateo, CA (AP4)

Manju Jacob: Oregon Health Sciences University V.A.M.C., Portland, OR (Internship)

Sharbari Khanna: V.A. Medical Center, Palo Alto, CA (AP4)

Sue Kirkpatrick: CA Pacific Medical Center, San Francisco, CA (AP4)

Monica Martinez: Mills Memorial Hospital, San Mateo, CA (AP4)

Laura McEwen: Alum Rock Elementary School District, San Jose, CA and Washington Hospital, Fremont, CA (AP4)

Lynette Schlick: Alum Rock Elementary School District, San Jose, CA and Washington Hospital, Fremont, CA (AP4)

Christine Seamons: San Mateo General Hospital, San Mateo, CA (AP4)

Kathy Webster: Alexian Brothers Hospital, San Jose, CA and San Jose Unified School District, San Jose, CA (AP4)

Janet Willis: Salinas Valley Memorial Hospital, Salinas, CA (AP4)

College of Applied Sciences & Arts: Awards Reception

NuFS students were celebrated at the *College of Applied Sciences & Arts Awards Reception*, held, May 1, 1995 on campus in the Faculty Dining Room. The evening started with a welcome by **Dr. Robert Caret**, President of SJSU, and **Dr. Michael Ego**, Dean of the *College of Applied Sciences & Arts*.

Terry Miller, Associate Dean of the *College of Applied Sciences & Arts*, presented **Candyce Roberts** as one of the *Outstanding Graduate Researchers*. **Sarah Bowling**, Director of Food and Nutrition Services at *Stanford University Hospital*, awarded **Lorna Dunn** with the *Stanford University Hospital Scholarship for Nutrition and Food Science*. **Dr. Ego** awarded **Karen Meredith** with the *College Alumni/Dean's Undergraduate Scholarships* for Nutrition and Food Science. **Terry Miller**, presented **Deadra Rose Rubin** as one of the two *SJSU Alumni Association Scholarship* recipients. Congratulations to all these outstanding students.



Sarah Bowling presenting Lorna Dunn with the Stanford University Hospital Scholarship for Nutrition and Food Science



Dr. Elveda Smith (emeritus professor) congratulating Martin Yan, 1995 Distinguished Honorary Member at Circle of Friends Reception

HELP..... LOOKING FOR LOST ALUMS.... HELP

ALUMNI:

To identify as many alumni as possible, we need your input. Please look over the list of names below for whom we have no addresses. If you know an alumni's married name, current address, or job information, please call the departmental office at (408) 924-3100 or mail it to the department. Thank you so much for your help!

A

Abruzzini, Julie Marie
Adkins-Green, Carol
Andrews, Meg
Ashford, Suzanne
Avilla, Kristi

B

Baca, Margaret
Baker, Andrea
Barber-Andrews, Lisa A.
Barnes, Janet Sue
Bazeghi, Farideh
Becker, Maureen
Becker, Theresa Green
Bedard, Dorothy
Beedoe, Jean
Beleno, Delia B.
Bernhardt, Marie
Bishop, Jolene
Blak, Virginia
Boehm, Greg
Borella, Dianna
Bradley, Regina
Brewer, Tammy Lee Phillips
Brown, Jackie
Brown, Sandra Lee

C

Cavanaugh, Rachel
Cecchino, Janet
Chan, Betty
Chen, AnLien
Christopherson, Frances
Collignon, Ann

Chen, AnLien
Christopherson, Frances
Collignon, Ann
Connelly, Jaylene
Conrad, Ann
Corral, Olga
Corley, Marie
Costa, Lucille
Costello, Janet
Crain, Bonnie
Croce, Carol

D

Decker, Rosemary
Del Secco, Theresa
Dickenson, Julia Anderson
Dunn, Faye

E

Eastlack, Kathleen
Edge-Tahirkheli, Margaret
Eulensen, Margaret Ann
Ewan, Karen
Ewert, Dawn

F

Feller, Kathleen
Ferguson, Lorraine Y. Seger
Field, Pat
Fliege, Lisa (was Hoppin)
Foss-Uutton, Sharon Lynn
Foster-Sly, Dorothy
Francis, Constance (Connie)
Francone, Karen
Frangadakis, Elaine Chrisafis

Frueh-Jalilian, Marsha
Fuller, Sally

G

Gawryluk, Marie
Gee, Letitia
Genin, Jill
Golden, Jill Susann
Gurries, Susan

H

Hajik, Haidee Hildebrand
Harmon, Shawn P.
Hart, Christine
Hartfield, David C., Jr.
Head, Sandra
Heck, Cathy
Hoffman, Mitzi Greenfield
Hoffmann, Karin
Hsu, Cheng Chi
Hudak, Becky Sue
Huff, Cecelia
Hutcheson, Lori Hammer

I

Jettas, Terrie
Joesten, Michele
Johnson, Jill Walker
Jones, Sharon
Jones, Suse Ruth
Jonsdottir, Steinunn

K

Kanke, Joyce

LOST ALUMS (Continued)

K

Kettermann, Dana Lynn
 Kibbie, Janice
 King, Sally
 Kinoshita, Karen
 Kirk-Fulton, Elizabeth
 Koehn, Mary McBain
 Kolk, Margaret Murray
 Komrosky, Caren
 Kuyaria, Cheryl

L

LaDucca, Doreen
 Lambert, Camille
 Lee, Hsien-May
 Lee, Vivian
 Lewin, Joanne
 Lorilla, Arlene
 Luna, Andrea
 Luong, Thuc Huo

M

Malone, Dan Kirkland
 Malouf, Robert
 Mandelbaum, Dorit
 Mercedes, Lawrence
 Marquis-Hokana, Susan B.
 Marrow-Khanssar, Pam
 Mathews, Brian
 Matin, Tahereh H.
 McClary, Linda Marie
 Medeiros, Chris
 Mello, Sandra
 Mellon, Joyce
 Mendoza, Lisa Ann
 Meyer, Wayne
 Miler, Donna
 Moore, Kristina Beresini
 Morris, Cecelia A.
 Movsesian, Susan
 Murphy Maureen

N

Nagaraj, Premalatha
 Nakamura, Catherina Nara
 Nakamura, Karin Seiko

O

Oldmark, Sofia
 O'Riordan, David

P

Patel, Ketan
 Perfecto, Susan
 Peterson, Shawn

R

Rahn, Lisa
 Richardson, Sherri Lynn
 Riordan, Shari Ricks
 Romero-Minardi, Patricia
 Rose, Wendy Marie

S

Serrano, Vivian Wecke
 Setiabudi, Sylviati
 Sevilla, Mark
 Shaug, Vicki
 Sierra, Marie
 Silverstein, Lori
 Smith, Tammi M.
 Smith, Theresa
 Sohirad, Shohreh
 Song, Cindy
 Song, Hwa Cha
 Spina, Joann Marie
 Spitale, Fran
 Sprayberry, Kristi L. DeFries
 Stafford, Catherine Nieman
 Stagall, Pamela
 Stam-Epps, Marilyn

S (Continued)

Stonebrook, Marilyn
 Strohm, Linda

T

Taylor, Deborah Ann
 Taylor, Suzanne
 Tinker, Cynthia
 To, May
 Trillo, Pamela

U

Urich, Kristine

V

Van Geldun Susie
 Viswanathan, Chandrika

W

Walter, Claudia (was Zatarain)
 Walton, Susan
 Wheelless, Carol
 Whitling, Anita Lopez
 Wold, Shirley (Sunny)
 Wong, Callie
 Wong, Caroline
 Wong, Eva
 Wong, Yee Wah
 Wren, Molly

Y

Yamada, Jane Yee
 Young, Sandra
 Yuan, Sun-Juan
 Tundt, Sandra Mientha



San Jose State University Department of Nutrition and Food Science

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A coalition of Alumni, Students, Faculty, and Friends who have joined together to provide on-going private support to preserve the Department's dedication and commitment to excellence.

Why the Need?

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- To reestablish Alumni relationships with the Department
- To encourage Student participation
- To promote Alumni - Student - Faculty synergy
- To involve Community Partners
- To facilitate networking
- To celebrate SJSU Department of Nutrition and Food Science comradeship
- To invest in and build a **LEGACY FOR THE FUTURE**

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- Networking with Alumni - Faculty - Students - Community Partners in cooperative ventures/endeavors and in seeking and filling positions
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