

Spartan Accelerated Graduate Education (SAGE) Program Roadmap¹

Combined Program: Nutritional Science With Dietetics
Total Units to Degree: 144 150 minimum units²
Academic Year: 2025-2026

BA Requirements – Blue		Graduate Courses taken @ UGRD level - Green		Masters only Requirements – Orange			
Fall Semester Year 1				Spring Semester Year 1			
Course		Units		Course		Units	
Chem 1A General Chem (5A+ 5C)		5		NuFS 8 Nutr. For Hlth Profession		3	
Eng 1A First Year Writing (A1)		3		Chem 30B Intro Chem		3	
General Education (4 +US 1 or US 2-3)		3		Stat 95 or HS 67 Statistic (2)		3	
NuFS 21 Culinary Principles &Practice		3		NuFS 40 Debunk Nutr Misinf (1B)		3	
NuFS 31 Profession in NuFS/Pkg		1		Physical Education		1	
				Nufs 20 Sanitation & Environmental Issues		2	
Total Units		15		Total Units		15	
Fall Semester Year 2 [Complete Directed Self Placement*]				Spring Semester Year 2			
Course		Units		Course		Units	
Psych 1 Intro to Psych (4)		3		Concentration Courses		6	
General Education(6)		3		Biol 66³ Physiology (5B+5C)		5	
General Education (3A)		3		University Elective (Lower or Upper Division)		3	
General Education (3B + US 1 or US 2-3)		3		Physical Education		1	
General Education (1C)		3					
Total Units		15		Total Units		15	
Fall Semester Year 3				Spring Semester Year 3			
				Four-year or transfer student applies to BS + MS program.			
Course		Units		Course		Units	
NuFS 101A Food Science		4		NuFS 144⁴ Food Culture (GE UD 3) or NuFS 139 Hunger&Environ Nutri (GE UD 2/5)		3	
NuFS 106A Human Nutr Life Span		3		NuFS 108A Nutr Metabolism		3	
Concentration Course		3		Concentration Course		2	
NUFS 100W Writing Workshop (WID)		3		NuFS 111 Foodserv Prod Mgmt		3	
NuFS 103 Food Processing		2		NuFS 106B Research Methodology		3	
				Pkg 107 Principles of Pkg		3	
Total Units		15		Total Units		17	
Fall Semester Year 4				Spring Semester Year 4			
Student admitted to BS + MS program.							
Course		Units		Course		Units	
NuFS 134 Comp Alt Health (GE UD 4)		3		NuFS 190 Nutrition Ed & Counseling		3	
NuFS 109 Advanced Nutr		3		NuFS 114A Community Nutr		3	
NuFS 110A Medical Nutr Therapy		3		NuFS 110B Medical Nutr Therapy		3	
NuFS 113 Fdserv Sys: Mgmt & Proc		3		NuFS 192 Field Experience		2	
NuFS 201 Colloquium in NuFS & PKG		3		NuFS 295 Research Methodology		3	
NuFS 151 Food Microbiology		2		NuFS 144⁴ Food Culture (GE UD 3) or NuFS 139 Hunger&Environ Nutri (GE UD 2/5)		3	
Total Units		17		Total Units		17	
Fall Semester Year 5				Spring Semester Year 5			
BS degree posted.							
Course		Units		Course		Units	
NuFS 217 Issues in Nutr, FS & Pkg		3		MS Electives		3	
MS Electives		6		NuFS 257 Biostatistics		3	
				NuFS 298 Special Studies in NuFS&PKG		3	
Total Units		9		Total Units		9	

¹ Reference CSU Coded Memorandum [AA-2012-01](#), University Policy [F19-1](#), [DRAFT SAGE Scholars Application](#) (to be developed as an online application). The roadmap must include at least one semester in which students enroll in a combination of undergraduate and graduate courses.

² The CSU is considering a proposal to allow 9-12 units of double counting between the baccalaureate and master's degree. Expecting an approved policy to allow for this by March 2021. Please provide 150-unit minimum roadmap, indicating which courses you might consider for double counting.