

PSYCH FORUM

FALL 2026 SERIES

Beyond Stressors: Understanding Mental Health in Latino/a/x and Hispanic Communities



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ABOUT THE SPEAKER:

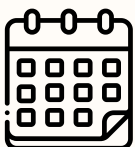
Education Background:

- B.A. in Psychology & Spanish || San Diego State University
- M.S., Ph.D. in Clinical Psychology || University of New Mexico
- Pre-doctoral Internship || University of California, San Francisco
- Postdoctoral Fellowship || University of California, San Francisco

Research Focus:

- Improving the mental health of Latino/a/x and Hispanic people, and diverse communities.
- Examining how cultural factors, stressors (discrimination, trauma) and broader social factors influence mental health and substance use outcomes.
- Using community engaged research approaches to advance health equity.

TALK DETAILS



**14 OCTOBER 2026
(WEDNESDAY)
4-5PM**



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ZOOM MEETING ID:
897 7896 2048



Any Questions? Email Psych Forum Coordinator, Jess Chong, PhD at jess.chong@sjsu.edu