

Adult Psychopathology Section 04

PSYC 110

Fall 2023 3 Unit(s) 08/21/2023 to 12/06/2023 Modified 08/22/2023

Course Description and Requisites

Nature, causes, assessment, and treatment of behavioral, emotional, and personality problems of adults. Emphasis on psychological, social, and biological determinants of human behavioral and psychological disturbance.

Prerequisite: PSYC 001.

Letter Graded

* Classroom Protocols

I will reliably be in my office and available to you Tuesdays and Thursdays before our class from 12:00 - 1:00pm and by appointment. That is a great time to come and talk with me if you are not performing as well as you would like in the class, if you are struggling to learn the content, or if you love this topic as much as I do and want guidance or help in figuring out a career in psychology. I can make an appointment to meet with you a different time if this time does not work for you. **I truly love talking about this stuff and helping students figure out this content and/or their career path.** Take me up on it.

There is a lot of interaction in this class, both with the professor and with your fellow students, so professionalism on your part is very important. Please be respectful of the thoughts, opinions, and experiences of others. Many of the topics in this class may have personal significance to some students.

Again, my office hours are Tuesdays and Thursdays from 12:00 - 1:00pm in DMH 317. If you cannot make this time, please email me. I want to be available to you. The best time to catch me is office hours, but let me know if you need to see me at another time. With office hours it is first come, first served. If you do not want to wait or were not able to see me, please set a time with me individually. During office hours we can discuss course questions, psychology as a career, or other topics of interest to you.

A note about AI

The papers submitted in this class should be completely your writing - every word should be typed into the document by you, taken from your brain. You will need to cite the articles we read and the sources you use for your paper/presentation. If you get information from any AI source (e.g., Chat GPT) it needs to be cited, which is tricky because it gets information from (typically) unknown sources. Also, there are already AI detection services, and I plan to use them. If you turn in AI-generated content as your own, I will submit it to the Office of Student Conduct and Ethical Development.

Program Information

Program learning outcomes (PLOs) are skills and knowledge that students will have achieved upon completion of the Psychology BA degree. Each course in our curriculum contributes to one or more of these PLOs. The PLOs for the Psychology BA degree are:

1. Knowledge Base of Psychology. Students will be able to demonstrate familiarity with the major concepts, theoretical perspectives, empirical findings, and historical trends in psychology.
2. Research Methods in Psychology. Students will be able to design, implement, and communicate basic research methods in psychology, including research design, data analysis, and interpretations.
3. Critical Thinking Skills. Students will be able to use critical and creative thinking, skeptical inquiry, and a scientific approach to

address issues related to behavior and mental processes.

4. Applications of Psychology. Students will be able to apply psychological principles to individual, interpersonal, group, and societal issues.

Values in Psychology. Students will value empirical evidence, tolerate ambiguity, act ethically, and recognize their role and responsibility as a member of society.

🎯 Course Goals

The two primary goals of the course are (1) to provide students with a general understanding of the various types of psychological disorders discussed within the field of psychological science, and (2) to develop an ability to think critically about these disorders and the study of them as abnormal behavior. Thinking critically means considering a patient's cultural and contextual factors to understand the various causes of suffering and how to alleviate it.

📊 Course Learning Outcomes (CLOs)

CLO1: understand the importance of culture and context when examining and classifying abnormal behavior

Satisfied by online quizzes, exams, and section writing assignments

CLO2: have a familiarity with the major methods used in the assessment, classification, and treatment of psychological problems

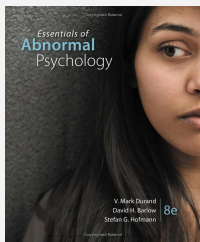
Satisfied by online quizzes, exams, and section writing assignments

CLO3: develop a broad knowledge base of the different categories of abnormal behavior and corresponding psychological, social, and biological interventions

Satisfied by online quizzes, exams, and section writing assignments

📖 Course Materials

Textbook Info:



Note: Remember that the readings for the first quiz are in Module 1

Essentials of Abnormal Psychology.

Durand & Barlow & Hoffman, 8th Edition. Cengage Publishing

ISBN-13: 978-1337619370. e-textbook ISBN: 9780357689769

UNFORTUNATELY, NO OTHER EDITION CAN BE USED FOR THIS CLASS
(Note that the title is *Essentials of* Abnormal Psychology)

☰ Course Requirements and Assignments

Assignments

Assignments for this course will consist of the following:

11 quizzes 10 questions, 20 points per quiz, 200 total quiz points (lowest dropped)

2 exams 200 points total

400 points possible in the course

Quizzes

Each topic area in this class will have two (10-item) in-class quizzes at the beginning of the class date where the topic is begun. The first quiz will be taken individually, and the second quiz will be the exact same quiz, taken in a group. Quizzes will be multiple-choice style and will be based on the assigned readings. Both types of quizzes are closed-book and notes will not be permitted. You do **not** need scantrons for the quizzes.

This means that each set of quizzes is worth 20 points, and your score will be determined by averaging your individual quiz score and your group quiz score. The lowest individual/group combination score will be dropped. Note that this does not mean that your lowest individual quiz and your lowest group quiz will be dropped, but that the lowest two-quiz topic score will be dropped to allow for an unavoidable missed class or a rough night. A total of 220 points possible will be available from your quiz scores, leaving 200 total possible points after the lowest is dropped. If you do not turn in the individual quiz, you will get 0/10 plus your group score, and if you miss class on the day of an individual/group quiz, you will get a 0/20.

These quizzes are meant to stimulate your reading of the text and keep you ahead of the lecture material. Your having completed the reading in advance will make the lecture and discussions much more interesting. I promise.

Exams

There will be 2 exams. The exams will cover both readings from the text and class lectures. The exams will be both multiple-choice and essay and will have 25 multiple choice questions and 2 essay questions. You will need **not** need a scantron for these exams. Each exam will be given during the lecture period, and you will have 1 hour and 10 minutes to complete the exam.

You will be allowed to re-schedule an exam only for medical reasons or if you have a mandatory school activity (both require documentation). Please contact me prior to the day of the exam if you cannot make the exam time. The final exam will count the same as any other exam. The final will **not** be cumulative.

Attendance

Attendance is not required, but it is strongly encouraged. I expect you to come to every class. If you do not attend classes, you will definitely miss material that will appear on the exams and you will not get credit for the quiz that occurs that day. If you have to miss a class, I strongly recommend that you speak with somebody in the class about what you missed and get any additional notes that they took, since the notes available for download will often only be an outline and the notes taken in class will be a better source of preparation for exams. Please do not email me and ask me what you missed – I tend to think that **the whole** class period is fascinating and important, and I'm not likely to have time to recreate it for you over email. Remember that professors tend to emphasize what they think is most important about a given topic in lecture, so this is generally the content that you should be most familiar with for assessments such as exams and papers.

SJSU Credit Hour

Success in this course is based on the expectation that students will spend *3 hours per unit per week* (with 3 of the hours used for lecture). This means that you should be reading and studying a little over 6 hours per week for this class. Other course structures will have equivalent workload expectations as described in the syllabus.

Final Examination or Evaluation

There will be a final examination in this course to assess your learning of content information over the course of the semester. It will be the same structure as the midterm exam and will not be cumulative.

✓ Grading Information

Determination of Grades

Grading is based on the sum of the following:

11 quizzes 20 points per quiz, 200 total points (lowest score dropped) - 50% of final grade

2 exams 200 points total - 50% of final grade

400 points possible in the course

Grading Policy

A+ = 100-98%	A = 97.9-93%	A- = 92.9-90%
B+ = 89.9-87%	B = 86.9-83%	B- = 82.9-80%
C+ = 79.9-77%	C = 76.9-73%	C- = 72.9-70%
D+ = 69.9-67%	D = 66.9-63%	D- = 62.9-60%
F = 59.9-0% Unsatisfactory		

University Policies

Per [University Policy S16-9 \(PDF\)](http://www.sjsu.edu/senate/docs/S16-9.pdf) (<http://www.sjsu.edu/senate/docs/S16-9.pdf>), relevant university policy concerning all courses, such as student responsibilities, academic integrity, accommodations, dropping and adding, consent for recording of class, etc. and available student services (e.g. learning assistance, counseling, and other resources) are listed on the [Syllabus Information](https://www.sjsu.edu/curriculum/courses/syllabus-info.php) (<https://www.sjsu.edu/curriculum/courses/syllabus-info.php>) web page. Make sure to visit this page to review and be aware of these university policies and resources.

Course Schedule

Week	Date	Topics, Readings, Assignments, Deadlines	
1	8/22/23	Overview of the Course	
	8/24/23	Abnormal Psychology, Past & Present Reading: DBH, p. 3 -15 (up to "The Psychological Tradition") (Closed book, in-class) QUIZ 1	
2	8/29/23	Abnormal Psychology, Past & Present	
	8/31/23	Biological and Psychological Treatments Reading: DBH pp. 15-26 and 33-through bottom of 56 Quiz 2	
3	9/5/23	Biological and Psychological Treatments	
	9/7/23	Biological and Psychological Treatments	

Week	Date	Topics, Readings, Assignments, Deadlines	
4	9/12/23	<p>Assessment/Diagnosis</p> <p>Reading: DBH Chater 3</p> <p>Quiz 3</p>	
	9/14/23	<p>Assessment/Diagnosis</p>	
5	9/19/23	<p>Assessment/Diagnosis</p>	
	9/21/23	<p>Midterm 1</p>	
6	9/26/23	<p>Depressive Disorders and Bipolar and Related Disorders</p> <p>Reading: DBH Chapter *6* (note: not 4)</p> <p>Quiz 4</p>	
	9/28/23	<p>Depressive Disorders and Bipolar and Related Disorders</p>	
7	10/3/23	<p>Depressive Disorders and Bipolar and Related Disorders</p>	
	10/5/23	<p>No class meeting – online assignment</p>	

Week	Date	Topics, Readings, Assignments, Deadlines	
8	10/10/23	Anxiety Disorders Reading: DBH 118 – 146 Quiz 5	
	10/12/23	Anxiety Disorders continued	
9	10/17/23	Trauma- and Stressor-Related, and Obsessive-Compulsive and Related Disorders Reading: DBH 146-164 Quiz 6	
	10/19/23	Trauma- and Stressor-Related, and Obsessive-Compulsive and Related Disorders	
10	10/24/23	Personality Disorders Reading: DBH Chapter 11 Quiz 7	
	10/26/23	Personality Disorders cont.	
11	10/31/23	Psychotic Disorders Reading: DBH Chapter 12 Quiz 8	
	11/2/23	Psychotic Disorders continued	

Week	Date	Topics, Readings, Assignments, Deadlines	
12	11/7/23 11/9/23	Substance –Related, Addictive, and Impulse-Control Disorders Reading: Chapter 10 DBH Quiz 9 Substance –Related, Addictive, and Impulse-Control Disorders continued	
13	11/14/23 11/16/23	Eating Disorders Reading: Chapter 8 DBH Quiz 10 Eating Disorders continued	
14	11/21/23 11/23/23	Eating Disorders continued Thanksgiving	
15	11/28/23 11/30/23	Sex Disorders Reading: Chapter 9 DBH Quiz 11 Sex Disorders continued Vignette Assignment Due to Canvas by 8:00am	
16	12/5/23	Wrap up	
Final Exam		Monday December 11th 2:45 - 5:00pm	12:15- 2:30 PM

Week	Date	Topics, Readings, Assignments, Deadlines	