

# Psychology of Personality Section 02

## PSYC 139

Fall 2023 3 Unit(s) 08/21/2023 to 12/06/2023 Modified 08/20/2023

### Contact Information

Instructor: Jason X. Ventura

Office Location: DMH 352

Telephone: (408) 924-5625

Email: jason.ventura@sjsu.edu

- Canvas Learning Management system
- Available by Zoom appointments
- **NOTE:** When contacting me by email, please put "PSYC 139" in the subject line. Replies within 48 hours (except Sundays).
- If I do not reply within the specified 48 hours, kindly, resend email.

Student Drop-In Hours:

- Tuesdays and Thursdays 12:00 - 1:00 PM
- Students DO NOT need to schedule an appointment during these days and time; just show up.
- I will take students on a "first come; first serve" basis. Outside of scheduled office hours will require an appointment.

Class Days/Time: Tuesdays and Thursdays / 3:00 – 4:15 PM

Classroom: Dudley Moorhead Hall 356

### Course Description and Requisites

Current approaches to the study of personality and personality processes.

Prerequisite: PSYC 001.

Letter Graded

### \* Classroom Protocols

Please practice the following guidelines to help the class run more smoothly as well as to limit the number of distractions that occur.

1. Please TURN OFF all cell phones and DO NOT TEXT during class time. If you receive an important call/text during class, please step outside of the classroom should you need to respond.
2. LAPTOPS ARE FOR NOTETAKING PURPOSES ONLY!
  - Please remove all head/earphones during class.
  - During class time, do not listen to music, browse the web, check your "snaps," Instagram, X, Facebook, the latest TikTok challenge...etc.

3. If you arrive late, please come in as quietly as you can and sit in the back of the room.
  4. If you have to leave early, please do so quietly and sit next to the door so you don't distract other people.
  5. Don't talk when your instructor is speaking or when other students are asking questions.
  6. Please be respectful of other people's experiences and comments even though you might not agree with what they are saying. Remember...they are not YOU!
- I hope these class discussions can be a safe place where all students feel comfortable to share their own thoughts, experiences, and beliefs without being judged by others.
- As educated adults, we should be able to engage in thoughtful debate and discussion with one another without any fear of personal attacks/judgments from others.

## Program Information

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**Program learning outcomes (PLOs)** are skills and knowledge that students will have achieved upon completion of the Psychology BA degree. Each course in our curriculum contributes to one or more of these PLOs. The PLOs for the Psychology BA degree are:

1. **Knowledge Base of Psychology.** Students will be able to demonstrate familiarity with the major concepts, theoretical perspectives, empirical findings, and historical trends in psychology.
2. **Research Methods in Psychology.** Students will be able to design, implement, and communicate basic research methods in psychology, including research design, data analysis, and interpretations.
3. **Critical Thinking Skills.** Students will be able to use critical and creative thinking, skeptical inquiry, and a scientific approach to address issues related to behavior and mental processes.
4. **Applications of Psychology.** Students will be able to apply psychological principles to individual, interpersonal, group, and societal issues.  
Values in Psychology. Students will value empirical evidence, tolerate ambiguity, act ethically, and recognize their role and responsibility as a member of society.

## Course Goals

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Students will study the major personality theories and therapeutic application in the field of psychology. Theorists include Freud, Jung, Erikson, Skinner, Rogers, and others. Students will also examine theories from multicultural perspective. This course will take you through the history and development of the field of psychology as respects to personality development and help you to understand the similarities, differences and limitations. You will examine assumptions about human nature and understand how individuals perceive themselves in the world. This course will allow for students to view several theories from a practical application perspective in the various writing assignments.

The course is intended to stretch you, inform you and help you move into a greater understanding of others and yourself. You will apply critical thinking about what you read and will be challenged to compare, contrast and analyze several theories in your writing assignments.

The goal is to understand the complexity of the individual and that there is no singular "right" theory regarding personality development as each individual is unique and may be a compilation of many theories and ideas.

## Course Learning Outcomes (CLOs)

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At the conclusion of this course, students will:

1. Understand and describe the major theories and concepts of personality development.
2. View the theories presented from the perspective of different psychological fields; clinical psychology, transpersonal psychology, and organizational psychology.
3. Compare and contrast the major theories from both a theoretical and practical perspectives.
4. Apply critical thinking in respect to the practical application of these various theories in today's world.

Apply personality theories that will stretch, inform, and assist students into a greater understanding of others and themselves.

## Course Materials

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### Textbook

Textbook: Feist, Feist and Roberts (2021). Theories of Personality. (10th edition). McGraw-Hill Publishers. New York.  
ISBN10: 1260175766  
ISBN13: 9781260175769

McGraw Hill tech support: 1(800) 331-5094

[Link to McGraw Hill student support \(https://www.mheducation.com/highered/support/student/connect.html\)](https://www.mheducation.com/highered/support/student/connect.html)

To enhance your learning experience and provide affordable access to the right course material, this course is part of an inclusive access model called First Day™. You can easily access the required materials for this course at a discounted price, and benefit from single sign-on access with no codes required in Canvas.

**San Jose State University will bill you at the discounted price as a course charge for this course.**

It is NOT recommended that you Opt-Out, as these materials are required to complete the course. You can choose to Opt-Out on the first day of class, but you will be responsible for purchasing your course materials at the full retail price and access to your materials may be suspended.

### Other technology requirements / equipment / material

- Regular access to a computer (with Internet connection), and possession of a word processor program (MS Word, Pages, or GoogleDocs).

### Library Liaison

The SJSU library has a librarian who specializes in psychology (and other social sciences), and this librarian can serve as a very valuable resource for helping you to develop research ideas and locating appropriate research materials. The library also has an abundance of resources for doing psychology research:

Psychology Librarian:

Christa Bailey

[christa.bailey@sjsu.edu](mailto:christa.bailey@sjsu.edu)

408-808-2422

<http://libguides.sjsu.edu/psychology> (<http://libguides.sjsu.edu/psychology>)

## Course Requirements and Assignments

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### Course Requirements and Assignments

SJSU classes are designed such that in order to be successful, it is expected that students will spend a minimum of forty-five hours for each unit of credit (normally three hours per unit per week), including preparing for class, participating in course activities, completing assignments, and so on. More details about student workload can be found in [University Policy S12-3](http://www.sjsu.edu/senate/docs/S12-3.pdf) at <http://www.sjsu.edu/senate/docs/S12-3.pdf>.

**Examinations (50 pts each. 3 exams = 150 pts total) Assessment of CLOs 1, 2, 4, and 5**

There will be three open note exams, and they will consist of 30 multiple choice questions and 2 short answer questions. Exams will be designed to measure your knowledge and understanding of the material discussed in lecture as well as your textbook. Each

multiple choice question will be worth 1 point and the essay questions will be worth 10 points each. Each exam will be worth a total of 50 points. The final exam will be cumulative. Due to the fact that exams are open note, study guides will not be provided.

Exams will be taken on the Canvas Learning Management System (under "Quizzes") during our scheduled class time.

#### IMPORTANT NOTICE FOR EXAM DAYS:

- LECTURE NOTES AND POWERPOINT SLIDES ARE NOT POSTED ON-LINE.
  - If you miss lecture for any reason, it is YOUR RESPONSIBILITY to get the lecture notes from one of your classmates. I will not email or copy any lectures for students.
- Exams will be based on lecture material and assigned readings.
- On exam days, students are expected to log into Canvas at the beginning of our course. **Students that do not start exams within the first ten minutes will automatically receive a ten-point deduction.** In other words, all students begin the exam at the same time. The instructor will monitor activity on Canvas.
- No extensions or make-up exams will be given except in cases of reasonable and documented academic reasons, emergencies, serious illness, or similar seriously disruptive events. If such a circumstance should arise, **please contact instructor twelve hours before the scheduled exam.**
- If students contact instructor within the 12-hour window, a ten-point deduction will be implemented on the make-up exam. **Students will have five days to make up exams.**
- **Students that do not contact the instructor before the exam will not receive credit.**

#### ASSIGNMENTS

##### Writing Assignments Assessment of CLOs 1, 2, and 4

You will be asked to write two papers discussing, evaluating and applying some of the theories we will be studying and following the questions posed in the assignments. One paper will be worth 25 points (Erikson writing assignment) and the other 35 points (compare/contrast theoretical arguments). The Erikson paper will include personal reflection as well as your understanding of theory and how the theoretical ideas being studied can apply to your chosen field of work.

##### Assessment of CLOs 1, 2, 3 and 4

As mentioned above, students will also compare/contrast theoretical arguments on one of the theorists discussed in class with other personality theorists. It is the student's responsibility to research the respective theorist and determine whether or not a comparison will make for a strong argument. The instructor will provide a list; this assignment will be worth 35 points.

##### Assessment of CLOs 1, 4, and 5

##### "My Personality in Pictures" class presentation:

Students will create an original power point presentation titled "My Personality in Pictures" that conveys the essential aspects of your personality in 15 pictures with accompanying captions. Students will pick theorist(s) we will cover this semester and describe how their personality developed in relation to their theory. Presentations will take place during the last part of the semester, and the instructor will provide details at a later date.

##### CONNECT Homework Assignments:

Students must complete 10 total homework assignments over the course of the semester. None within the first two weeks of the course. Assignments will be assigned for each theorist we cover in class and CONNECT assignments will be due on Mondays before midnight (see syllabus for due dates). CONNECT assignments are ten points each; worth a total of 100 points.

**All assignments must be written in APA format.**

Resource: [https://owl.purdue.edu/owl/research\\_and\\_citation/apa\\_style/apa\\_formatting\\_and\\_style\\_guide/index.html](https://owl.purdue.edu/owl/research_and_citation/apa_style/apa_formatting_and_style_guide/index.html)  
([https://owl.purdue.edu/owl/research\\_and\\_citation/apa\\_style/apa\\_formatting\\_and\\_style\\_guide/index.html](https://owl.purdue.edu/owl/research_and_citation/apa_style/apa_formatting_and_style_guide/index.html))

#### IMPORTANT NOTES FOR ASSIGNMENTS:

**Assignments that do not meet the minimum page count will result in zero points.**

The above policy is implemented due to high volume of grading. Before I read a single word on assignments, I check the page count. If your assignment does not meet the minimum page requirement, I will not read it, and move on to the next student. **TITLE AND REFERENCE PAGE ARE NOT PART OF THE PAGE COUNT.**

**How is "on time" defined in this course?** Assignment due dates and times are specified on course schedule. Students will receive a "LATE" notice if their assignment is turned in past the specified time. **The instructor will implement a ten-minute grace period.**

If the criteria listed above are not met, your assignment is considered late (see policy for late assignments).

**\*\*All writing assignments must be written in APA style. Instructor will dock points to papers that are not written in this style.**

**\*\*High percentages on Turn-It-In will have an effect on student's grade. Paraphrase rather than quote.**

**I WILL ACCEPT LATE ASSIGNMENTS!** However, late assignments will result in half points, and if it does not meet requirements, you will lose more points. **Students will have one week to turn in late assignments.** Late assignments will not receive any comments or feedback. This policy does not apply to Connect assignments.

If your assignment is not submitted after a week from the due date, it will result in zero points. It is in your best interest to turn assignments in on time.

**Communication is key! I understand "things happen." If an incident should arise, please send an email 12 hours before the due date and time. I will take your e-mail into consideration when evaluating assignments.**

**Final Examination or Evaluation**

Monday, December 11th from 2:45-5:00 PM. The final exam will be cumulative and worth 50 points.

"Faculty members are required to have a culminating activity for their courses, which can include a final examination, a final research paper or project, a final creative work or performance, a final portfolio of work, or other appropriate assignment."

## Grading Information

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**Grading Information**

Writing assignment (Erikson) = 25 points

Compare/contrast theorists = 35 points

"My Personality in Pictures" presentation = 30 points

CONNECT assignments (10 chapters at 10 points each) = 100 points

Exams (3) = 150 total points

Participation = 15 total points

**355 total points**

**Grading Scale:**

A+ 347+	A 346 - 329	A- 328 - 318
B+ 317 - 311	B 310 - 293	B- 292 - 283

C+ 282 - 276	C 275 - 258	C- 257 - 247
D+ 246 - 240	D 239 - 222	D- 221 - 212
F <211		

Note that "All students have the right, within a reasonable time, to know their academic scores, to review their grade-dependent work, and to be provided with explanations for the determination of their course grades." See [University Policy F13-1](http://www.sjsu.edu/senate/docs/F13-1.pdf) at <http://www.sjsu.edu/senate/docs/F13-1.pdf> for more details.

## University Policies

Per [University Policy S16-9 \(PDF\)](http://www.sjsu.edu/senate/docs/S16-9.pdf) (<http://www.sjsu.edu/senate/docs/S16-9.pdf>), relevant university policy concerning all courses, such as student responsibilities, academic integrity, accommodations, dropping and adding, consent for recording of class, etc. and available student services (e.g. learning assistance, counseling, and other resources) are listed on the [Syllabus Information](https://www.sjsu.edu/curriculum/courses/syllabus-info.php) (<https://www.sjsu.edu/curriculum/courses/syllabus-info.php>) web page. Make sure to visit this page to review and be aware of these university policies and resources.

## Course Schedule

### Psychology 139 (Sect.2) / Psychology of Personality, Fall 2023 Course Schedule

\*\*\*The instructor reserves the right to change the date for exams, activities, and papers. Students will be informed IN CLASS of any changes before they are made.

#### Course Schedule

Week	Date	Topics, Readings, Assignments, Deadlines
1	8/22	Introduction of instructor, class, and expectations. What is personality? <b>Once students obtain textbook, read chapter one.</b>
1	8/24	Why study personality? Personality theories, and pitfalls of theory; misunderstandings; evidence and philosophical assumptions, organization of psychology of personality.
2	8/29	Why study personality? Personality theories, and pitfalls of theory; misunderstandings; evidence and philosophical assumptions, organization of psychology of personality.  <b>Freud CONNECT assignment due before midnight</b>

Week	Date	Topics, Readings, Assignments, Deadlines
2	8/31	Sigmund Freud; Chapter 2 ("Freud: Psychoanalysis")
3	9/5	Sigmund Freud  Erikson CONNECT assignment due before midnight
3	9/7	Erik Erikson; Chapter 7 ("Erikson: Post Freudian Theory")
4	9/12	Erik Erikson  Introduce "Erik Erikson Reflection" assignment.  Jung CONNECT assignment due before midnight
4	9/14	Carl Jung; Chapter 4 ("Jung: Analytical Psychology")
5	9/19	Carl Jung  Adler CONNECT assignment due before midnight
5	9/21	Alfred Adler; Chapter 3 ("Adler: Individual Psychology")  <b>ASSIGNMENT DUE: "Erik Erikson Reflection" assignment</b>
6	9/26	Alfred Adler

Week	Date	Topics, Readings, Assignments, Deadlines
6	9/28	Review for exam #1  B.F. Skinner B.F. Skinner CONNECT assignment due before midnight
7	10/3	<b>EXAM # 1</b>
7	10/5	B.F. Skinner; Chapter 16 ("Skinner: Behavioral Analysis")
8	10/10	<b>NO CLASS MEETING: MENTAL HEALTH DAY</b>
8	10/12	B.F. Skinner  Bandura CONNECT assignment due before midnight
9	10/17	Bandura; Chapter 17 ("Bandura: Social Cognitive Theory")  Introduce "Compare/Contrast Theorists" assignment
9	10/19	Bandura  Rogers CONNNECT assignment due before midnight
10	10/24	Carl Rogers; Chapter 10 ("Rogers: Person-Centered Theory")



Week	Date	Topics, Readings, Assignments, Deadlines
10	10/26	Carl Rogers  <b>Maslow CONNECT assignment due before midnight</b>
11	10/31	Abraham Maslow; Chapter 9 ("Maslow: Holistic-Dynamic Theory")
11	11/2	Abraham Maslow  <b>Eysenck CONNECT assignment due before midnight</b>
12	11/7	Review for exam #2
12	11/9	<b>EXAM # 2</b>
13	11/14	Chapter 14 ("Eysenck's Biologically Based Factor Theory")  <b>McCrae and Costa CONNECT assignment due before midnight</b>
13	11/16	Chapter 13 ("McCrae and Costa's Five-Factor Trait Theory")
14	11/21	CLASS PRESENTATIONS
14	11/23	<b>NON-INSTRUCTIONAL DAY – Thanksgiving holiday</b>
15	11/28	CLASS PRESENTATIONS  <b>ASSIGNMENT DUE: "Compare/Contrast Theorists" assignment</b>

Week	Date	Topics, Readings, Assignments, Deadlines
15	11/30	CLASS PRESENTATIONS
16	12/5	<p data-bbox="370 436 630 468">LAST DAY OF INSTRUCTION</p> <p data-bbox="370 541 597 573">CLASS PRESENTATIONS</p> <p data-bbox="370 646 1052 678">ASSIGNMENT DUE: "My Personality in Pictures" slide shows presentations.</p>
Final Exam	12/11	<p data-bbox="370 835 751 867">Monday, December 11      2:45-5:00 PM</p>