

San José State University Psychology
Psyc 139, Personality Psychology, Section 04, Fall 2023

Course and Contact Information

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|--------------------------|----------------------------|
| Instructor: | Dr. Gregory Feist |
| Office Location: | DMH 313 |
| Office Telephone: | (408) 924-5617 |
| Email: | greg.feist@sjsu.edu |
| Office Hours: | Tue & Thurs 9-10am |
| Class Days/Time: | T TH 12-1:15pm |
| Classroom: | Central Classroom Bldg 101 |

Faculty Web Page and MYSJSU

Messaging Logging Into Canvas

Canvas Login URL: <https://sjsu.instructure.com/>. All students and faculty must first set up their SJSUOne account before accessing Canvas. To do so, go to <http://its.sjsu.edu/services/sjsuone/>. You will see the courses you are taking (assuming the instructor is using Canvas).

Further Assistance with Canvas

Students should go first to <http://guides.instructure.com/m/4212> with problems and then to the University HelpDesk for Canvas problems, including logging in (<http://www.sjsu.edu/helpdesk/>).

Course Description

This is a survey course of all the major theories of personality: psychoanalytic, humanistic, trait, biological, and learning. Prerequisite: Psyc 01

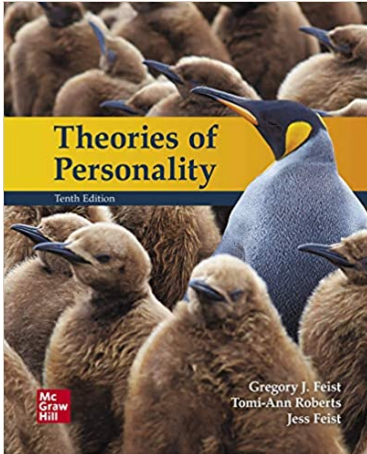
Course Learning Outcomes (CLO) (Required)

Upon successful completion of this course, students will be able to:

1. Understand that personality consists of how individuals differ in thought and behavior over time and across situations
2. understand the basic components of scientific theories and how they are evaluated
3. appreciate the personality, historical, and cultural contexts out of which each theory develops
4. grasp the fundamental tenets of each of the five major theoretical perspectives (psychoanalytic, humanistic, trait, biological, and learning).
5. be able to compare the principle conceptual/theoretical differences between
6. be able to compare and contrast how different theories treat the issues of unconscious motives, nature versus nurture, power of individual differences
7. be able to evaluate the strengths and weaknesses of each theory
8. develop and put in writing their own theory of personality and propose a study for how it can be tested scientifically

Required Texts/Readings

Textbook



Feist, G.J. & Roberts, T.A. & Feist, J., (2021). *Theories of Personality* (10th edition). McGraw-Hill.

Do NOT buy a paper or hardback version of the book!

Other technology requirements / equipment / material

- 50-question Scantron forms (#882)
- Regular access to a computer (with Internet connection), and possession of a wordprocessor program (MS Word, Pages, or GoogleDocs)

Course Requirements and Assignments

1. **Classes:** This class covers a large amount of material, therefore, attending lectures is crucial for your success in this class. There is too much information discussed in class that cannot be found in text and in the slides for you to do well in this course, without you attending regularly. If you want to do well, you will have to attend most every class. If you miss a class, you are responsible for getting the information from that class.
2. **Exams:** There will be two unit exams and one final exam, all of which consist of multiple-choice questions. You will have 1.25 hours to complete each unit exam. You have 2.25 hours to complete the final exam. No other make-up exams will be given. No bathroom breaks will be allowed.

No Make-up Exams Allowed: Only with valid written medical excuse will any exam be allowed at a time other than those scheduled for your class.

3. **Paper:** You will write a brief (5-page) paper in which you develop your own theory of personality and an even briefer (2-3 page) research proposal for how you would conduct research on your theory. These two parts will be part of one overall paper, which will be turned in **TU Nov 28 via Canvas (and automatically Turnitin.com)**. The paper is worth 100 points. You will receive a more detailed handout on what is expected with this paper.

Late Papers: I do accept late papers. For every day, however, **after Nov 28** paper will be automatically docked 5 points/day. That is ½ a letter grade. So it is in your own best interest to make sure the paper is turned in on time. Papers will be turned in on Canvas (more details later).

4. **CONNECT/SmartBook Homework Assignments:** You have to complete 12 of the 13 total homework assignments over the course of the semester. None the first week. These are two separate things. First, do the study aid **SmartBook questions** (master 30-40 multiple choice questions) each week. Second, do the weekly quiz on **Connect**. You have to complete 12 and only 12 of these assignments, even though there will be one for each of the 13 chapters. SmartBook questions each week are worth up to 5 points; Connect is worth up to 5 points = 10 TOTAL Points. Connect has a time-limit of 60 minutes; once you start you have 60 minutes to complete. No starts and stops and coming back hours or days later. **There are NO MAKE-UPS on LearnSmart or Connect assignments.** You must do them the week they are assigned. Once they are gone, they are gone and cannot be made up.

As a form of **extra-credit**, I will allow Ch 17 SmartBook Practice Questions and Ch 17 Connect Quiz to count for extra credit (a total of **10 extra credit points are available**), IF you have completed ALL previous homeworks by their due-date. **There are no-redos if you miss the time deadline each week. Once the week's deadline is passed you may not complete the homework assignment. Please do not ask.**

Final Examination or Evaluation

The final exam will be held on **Friday Dec 8th** from 9:45am to noon in Central Bldg 101. The final exam will be multiple choice and will **not** be cumulative.

If you have more than 2 finals in the 24-hour period around our final, you must request from me **in writing** on or before **December 1** a request to move the time up to an earlier time. You must also show me the other two syllabi that lists the final exams and their times.

Grading Information

| | Points | Percentage of Total Grade |
|----------------------------------|---------------|---------------------------|
| Exam 1 | 90 | 17.6% |
| Exam 2 | 100 | 19.6% |
| Final Exam | 100 | 19.6% |
| Homeworks (weekly) | 120 (10 each) | 23.5% |
| Writing Assignment | 100 | 19.6% |
| Total | 510 | 100% |
| Final Grade Distributions | | |
| Grade | Points | Percentage |
| A plus | 482 to 510 | 94.5 to 100% |
| A | 467 to 481 | 91.5 to 94.4% |
| A minus | 456 to 466 | 89.5 to 91.4% |
| B plus | 441 to 455 | 86.5 to 89.4 % |
| B | 416 to 440 | 81.5 to 86.4% |
| B minus | 405 to 415 | 79.5 to 81.4% |
| C plus | 390 to 404 | 76.5 to 79.4% |
| C | 365 to 389 | 71.5 to 76.4% |
| C minus | 354 to 364 | 69.5 to 71.4% |
| D plus | 339 to 353 | 66.5 to 69.4% |
| D | 314 to 338 | 61.5 to 66.4% |
| D minus | 303 to 313 | 59.5 to 61.4% |
| F | 302 and below | 59.4 and below |

Rounding is Included in the Grading Scale

The point totals reflect rounding up to the nearest percentage. For example, an A- would normally require 90%. With rounding, it only requires 89.5%. Because rounding is built in to the grading scale, your grade will be based on your final point total, rounded to the nearest whole percentage point (so, 456 points or 89.5% is an A-, but 455 points or 89.4% is a B+). **To be fair to everyone in the class, these are firm cutoffs, so please don't ask for additional bumping up.**

Late Writing Assignments:

All writing must be turned in on Canvas before midnight on the scheduled due date. Assignments submitted after this deadline will lose 5 points immediately and an additional 3-4 points for every day that they are late.

No Make-up Exams Allowed: Only with valid written medical excuse will any exam be allowed at a time other than those scheduled for your class.

Classroom Protocol

Attendance is strongly recommended, with careful note taking (no slides are posted on Canvas). Be considerate of others and the instructor if you must show up late or leave early.

Laptops are allowed for note taking only. If I sense you surfing the web or doing something other than taking notes (and I can often tell by how long you look at your screen and facial expressions) I will ask you to stop.

Cellphones are NOT allowed at any time. Please do not use phone during class. I will ask you to put away or step outside.

As a University student, you are encouraged to engage in professional communication with faculty, staff, and your fellow students. This is especially important in electronic mail notes that you might send. When sending email, I would encourage you to create an email account that includes your name (e.g., greg.feist@sjsu.edu). If you do not create such an email, be certain to include your name in the correspondence. Please be sure to follow the following basic guidelines when communicating in a professional capacity:

- Do not leave the "Subject" empty:
- Be sure to identify yourself clearly by stating your full name and the specific course in which you are enrolled. I have other classes with many students.
- If needed, clearly request a reply.
- Do not expect an immediate reply. Electronic communication is available 24/7. This is not true of your instructor or your classmates.

University Policies

Per University Policy S16-9, university-wide policy information relevant to all courses, such as academic integrity, accommodations, etc. will be available on Office of Graduate and Undergraduate Programs' [Syllabus Information webpage](http://www.sjsu.edu/gup/syllabusinfo) at <http://www.sjsu.edu/gup/syllabusinfo>

**Psy139 / Personality, Fall 2023
Course Schedule**

| Week | Date | Topics, Readings, Assignments, Deadlines | Ch |
|------|------------|---|---------|
| 1 | Tue Aug 22 | Overview to Class; Introduction | 1 |
| 1 | Thu Aug 24 | Introduction; Parts of a Scientific Theory | 1 |
| 2 | Tu Aug 29 | Freud (ignore Stages of Development, pp. 43-51) PSYCHOANALYTIC | 2 |
| 2 | Th Aug 31 | Freud | 2 |
| 3 | Mo Sep 4 | Freud Connect & Learnsmart due | 2 |
| 3 | Tu Sep 5 | Jung | 4 |
| 3 | Th Sept 7 | Jung | 4 |
| 4 | Mo Sep 11 | Jung Connect & Learnsmart due | 4 |
| 4 | Tu Sept 12 | Horney | 6 |
| 4 | Th Sept 14 | Horney | 6 |
| 5 | Mo Sep 18 | Horney Connect LearnSmart due | 6 |
| 5 | Tu Sep 19 | Exam 1 | 1,2,4,6 |
| 5 | Th Sep 21 | Erikson | 7 |
| 6 | Tu Sep 26 | Erikson | 7 |
| 6 | Th Sept 28 | Maslow HUMANISTIC/EXISTENTIAL | 9 |
| 7 | Mo Oct 2 | Erikson Connect LearnSmart due | 7 |
| 7 | Tu Oct 3 | Maslow | 9 |
| 7 | Th Oct 5 | Rogers | 10 |

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|----|-------------|--------------------------------|-------------|
| 8 | Mo Oct 9 | Maslow Connect LearnSmart due | 9 |
| 8 | Tu Oct 10 | Rogers | 10 |
| 8 | Th Oct 12 | May | 11 |
| 9 | Mo Oct 16 | Rogers Connect LearnSmart due | 10 |
| 9 | Tu Oct 17 | May | 11 |
| 9 | Th Oct 19 | Allport TRAIT | 12 |
| 10 | Mo Oct 23 | May Connect LearnSmart due | 12 |
| 10 | Tu Oct 24 | Allport | 12 |
| 10 | Wed, Oct 25 | Allport Connect LearnSmart due | 12 |
| 10 | Th Oct 26 | Exam 2 | 7, 9, 10-12 |
| 11 | Tu Oct 31 | McCrae & Costa | 13 |
| 11 | Th Nov 2 | McCrae & Costa | 13 |

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|------------|-----------------------------|---|----------|
| 12 | Mo Nov 6 | McCrae & Costa Connect LearnSmart due | 13 |
| 12 | Tu Nov 7 | Eysenck BIOLOGICAL/EVOLUTIONARY | 14 |
| 12 | Th Nov 9 | Eysenck | 14 |
| 13 | Mo Nov 13 | Eysenck Connect LearnSmart due | 14 |
| 13 | Tu Nov 14 | Buss | 15 |
| 13 | Th Nov 16 | Buss | 15 |
| 14 | Mo Nov 20 | Buss Connect LearnSmart due | 15 |
| 14 | Tu Nov 21 | Skinner LEARNING | 16 |
| 15 | Th Nov 23 | THANKSGIVING | |
| 15 | Tu Nov 28 | Skinner Theory of Personality Assignment Due | 16 |
| 15 | Th Nov 30 | Bandura | 17 |
| 16 | Mo Dec 4 | Skinner Connect LearnSmart due | 16 |
| 16 | Tu Dec 5 | Bandura | 17 |
| | Wed Dec 6 | Bandura Connect LearnSmart due | 17 |
| Final Exam | Friday Dec 8 9:45am-noon | Central Classroom Bldg 101 | Ch 13-17 |