



Mark Van Selst

San Jose State University

PSYC 1: INTRODUCTORY PSYCHOLOGY

Introduction & Syllabus

Fall 2024

Activities/Events	Required Signatures/ Permission Number	Jul 10 Aug 11 (five week)
Wed, Aug. 21	First Day of Instruction,	Wed, Aug. 21
Fri, Aug. 30	Waitlist ends	Fri, Aug. 30
Sat, Aug. 31	Permission number is required to add a class	Sat, Aug. 31
Tue, Sept. 17	Last Day to Drop Classes without a "W" Grade and Last Day to Add Classes via MySJSU (ends at 11:59 pm) Last Day to submit Audit Credit/No-Credit Option Request Last Day for Instructor Drops	Tue, Sept. 17
Wed, Sept. 18	Enrollment Census Date (No Enrollment allowed)	Wed, Sept. 18
Thu, Sept. 19	Late Add Post Census Request required, Petition will be available on Forms page at 9 a.m. Late Drop/ Semester Withdrawal Petition Requirement begins: Undergraduate Graduate	Thu, Sept. 19
Fri, Oct. 11	Graduation Application Deadline to Qualify for Priority Registration for Undergrads	Fri, Oct. 11
Mon, Nov. 18	Semester Withdrawal Deadline: Undergraduate , Graduate Late Enrollment Post Census ends	Mon, Nov. 18
Mon, Dec. 9	Last Day of Instruction	Mon, Dec. 9

ADD PRIORITY:

Graduating seniors (will also be move to top of waitlist).

1. Students for whom the class is required for their degree or a prerequisite for classes required for their degree.
2. Instructor generated priorities once these mandated priorities are met.
3. Open University students cannot be added to your course if any matriculated students have been turned away, even if physical seats are available.

Instructor: Mark Van Selst
Telephone: #408 office 9245674
Email: Mark.VanSelst@SJSU.edu
Web: CANVAS
Class Days/Time: **Tuesday & Thursday 10:30 – 11:45AM**
Classroom: **DMH 353**
Office Hours: Tuesday & Thursday: 11:45 – 12:15 (or email)
Office Location: DMH 314 (zoom, phone, or email)
(also afternoon advising and/or by email or phone)

Prerequisites: none
Class ID Number: PSYC 1 Section 04 (44340)

Catalog Description and Required Text

Course Description

PSYC 1 - Introductory Psychology; 3 units

Psychology is the scientific study of behavior and mental processes. The content focuses on the exploration of major psychological theories and concepts, methods, and research findings in psychology. Topics include the biological bases of behavior, perception, cognition and consciousness, learning, memory, emotion, motivation, development, personality, social psychology, psychological disorders and therapeutic approaches to treatment, and applied psychology.

Required Textbook

- FEIST
- *Psychology: Perspectives and Connections* is a comprehensive introduction to psychology designed to guide students in moving beyond what may seem obvious and motivating them to reevaluate the thoughts and beliefs they bring to the course. Students will learn to challenge their assumptions, understand the elements of scientific research, and recognize that in psychology, no one perspective tells the whole story.

1. Introduction to Psychology
2. Conducting Research in Psychology
3. The Biology of Behavior
4. Sensing and Perceiving Our World
5. Human Development
6. Consciousness
7. Memory
8. Learning
9. Language, Thought, and Intelligence
10. Motivation and Emotion
11. Stress and Health
12. Personality: The Uniqueness of the Individual
13. Social Behavior
14. Psychological Disorders
15. Treatment of Psychological Disorders

Finding Course-Relevant Materials

- You **NEED** the textbook
 - *electronic or priority shipping if you don't own it yet*
- **CANVAS (!)**
 - SJSU online course management
 - Believe the posted dates
 - Follow them
 - Some will be due on non-class days
- You **WILL** need access to SJSU library resources
 - christa.bailey@sjsu.edu

Course Goals

Upon successful completion of this course:

- CLO1 – Students will be able to design, implement, and communicate basic research methods in psychology, including research design, data analysis, and interpretations. [cf., Lab 1-3, 8, 9, 14, 16]
- CLO2 – Students will be able to use critical and creative thinking, skeptical inquiry, and a scientific approach to address issues related to behavior and mental processes. [cf., Lab 4, 7, 11, 16]
- CLO3 – Students will value empirical evidence, tolerate ambiguity, act ethically, and recognize their role and responsibility as a member of society. [cf., lab 3, 4]

The course will be graded out of 100 (60% for a D- pass)

The ONLY “bonus points” are extra questions on exams

- and this is only because the exams are hard...

- I have posted old exams on CANVAS

(The tests will be open book but must be your own work)

ACTIVITIES (0-20):	25%
QUIZ (@.5-1% each):	18%
MIDTERM	47%
EXPERIMENTAL PARTICIPATION	6% (3% per half)
ORAL PRESENTATIONS (2)	4% (2% per half)



ME

UBC, Waterloo, NASA-Ames, SJSU

Dual-Task, Alcohol, Decision Making, Visual
Cognition, Consciousness

(and sailboat racing)



YOU

name, program, when do you expect to
graduate? future plans?

<Breakout Group>

+ (missed class notes?)



Social Expectations: you are adults, I am human

- Etiquette
- Disability / Modifications
- Exam Rescheduling (exam early)

Academic Expectations:

- Lateness is bad (be sure to keep current work on time)
- Plagiarism is worse
- Poor grammar, illegible text, text documents that do not open, and unintelligible writing will all hurt your grade
- **UNIVERSITY POLICIES (!)**
 - <https://www.sjsu.edu/curriculum/courses/syllabus-info.php>

Assignment 0: Using Zoom

GOAL: To increase engagement in the course, to decrease mental workload

TASK:

- **REQUIRED:** upload an image (it _can_ but does not have to be a picture of you) that will appear in zoom if your camera is off. Some of you already have done this.
- **OPTIONAL:** change your "name" to your preferred name and/or put the alias in brackets (Bartholomew ('Bart') Simpson)
- **RESOURCES:** (none of these will be 'tested' via quiz)
- [Text-based instructions](#) of how to upload a picture to your profile:
- [YouTube-based instructions](#) of how to edit your profile:

Additional information regarding why this assignment exists

- [ZOOM Fatigue:](#)
- [keeping ZOOMing students engaged:](#)

**Due Date: observed at start of class, First “ZOOM DAY”
SEPT 17th**

Terminology

- **Epiphenomena:** a secondary or concomitant phenomenon
- **Epiphenomenalism:** consciousness is a secondary byproduct of physical and physiological brain processes, which produce it.
- **Introspection:** looking inward; to report inner sensations and experiences.
- **Verbal Report:** a statement about your thoughts, ideas, and strategies during cognitive processing.

Calendar

Tuesday	Thursday
	Aug 22 (c0 intro)
	Aug 29 (c1/c2) Activity 1 due Friday Activity 2 due Friday Activity 3 due Friday
Sept 3 (c2 science/c3)	Sept 5 (c3 Biological/c4) Activity 4 due Friday Activity 5 due Friday
Sept 10 (c4 Attention)	Sept 12 NO CLASS Activity 6 due Friday
	Sept 19 NO CLASS Midterm 1 due today

Calendar

Tuesday	Thursday
Sept 24 (C6 Consciousness)	Sept 26 Activity 9 due Friday
Oct 1 (C7 Memory)	Oct 3 Activity 10 due Friday
Oct 8 (C8 Learning)	Oct 10 Activity 11 due Friday Activity 12 due today MIDTERM 2 due FRIDAY (C6,7,8)
Oct 15 (C9 Language)	Oct 17 Activity 13 due Friday
Oct 22 (C10 Motivation)	Oct 24



Calendar

Tuesday	Thursday
Oct 29 (C11 Stress)	Oct 31 Activity 15 due Friday
Nov 5 (C12 Personality)	Nov 7 Activity 16 due Friday MIDTERM 3 due FRIDAY (C9-12)
Nov 12 (C13 Social) ZOOM	Nov 14 Activity 17 due Friday
Nov 19 (C14 Disorders)	Nov 21 Activity 18 due Friday
Nov 26 (C15 Treatment)	Nov 27 NO CLASS Thanksgiving

Tuesday	Thursday
Dec 3 (C15 Treatment) + INTELLIGENCE	Dec 5 Activity 19 due Friday Activity 20 due Friday
Wednesday, December 11 9:45 AM-12:00 PM In person (bring a laptop/tablet) MIDTERM 4 (C13-15)	



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