

SAN JOSÉ STATE UNIVERSITY
DEPARTMENT OF PSYCHOLOGY PSYCHOLOGY
Psychology 112-01: PSYCHOLOGY OF ADOLESCENCE
Spring 2024

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Please write PSY 112 on the subject line of your email

Allow one business day for me to respond

Office Hours: Tuesday 12:30PM-1:15PM

Class Days/Time: Tu/Th 1:30PM-2:45PM

Classroom: DMH 160

Course Description:

The purpose of this course is to provide information about a variety of important issues and possible challenges often faced during adolescence. There will be a few recurring themes throughout several portions of the course. One of the themes of the course (highlighted in the text) is the diversity of cultural practices and beliefs about adolescence. A second general theme is whether and how adolescence may serve as a “transitional” period between childhood and later development. Finally, a third general theme will involve a consideration of the importance of the adolescent years for the development of gender roles. The textbook and lectures will be the main source of information. It is expected that you will have completed the assigned readings before each class meeting.

Course Learning Outcomes (CLOs)

Upon successful completion of this course, students will be able to:

CLO1 – identify and describe psychological theories and concepts relevant to cognitive, social, and emotional development during the adolescent years.

Criteria used to assess mastery of CLO1 include instructor presentations, classroom activities and discussions, course assignments, and exams. In addition, this objective is reinforced through material presented in Arnett (2013); specifically, chapters 7, 8, and 12.

CLO2 – Analyze and distinguish the historical and cultural factors that may affect societal perceptions of adolescence as a period of development.

Criteria used to assess mastery of CLO2 include instructor presentations, classroom activities and discussions, guest speakers, course assignments, and exams. In addition, this objective is reinforced through material presented in Arnett (2013); specifically, chapters 4, 6, 10, and 11. General topics covered include: cultural beliefs and socialization, globalization and the history of adolescent work in traditional cultures, cultural beliefs and school, and the changing forms of adolescent sexuality.

CLO3 – Describe and understand the special needs adolescents, their challenges, and their needs. The Criteria used to estimate mastery of CLO3 include instructor presentations, classroom activities and discussions, guest speakers, course assignments, and exams.

Program Learning Outcomes (PLOs)

Upon successful completion of the psychology major requirements...

PLO1 – Knowledge Base of Psychology – Students will be able to identify, describe, and communicate the major concepts, theoretical perspectives, empirical findings, and historical trends in psychology.

PLO2 – Research Methods in Psychology – Students will be able to design, implement, and communicate basic research methods in psychology, including research design, data analysis, and interpretations.

PLO3 – Critical Thinking Skills in Psychology – Students will be able to use critical and creative thinking, skeptical inquiry, and a scientific approach to address issues related to behavior and mental processes.

PLO4 – Application of Psychology – Students will be able to apply psychological principles to individual, interpersonal, group, and societal issues.

PLO5 – Values in Psychology – Students will value empirical evidence, tolerate ambiguity, act ethically, and recognize their role and responsibility as a member of society.

Textbook (required): Text Book

Arnett, J. J. (2018). *Adolescence and Emerging Adulthood: A Cultural Approach*. (6th edition). New Jersey: Prentice-Hall.
ISBN 13: 9780137554621.

Click here to buy the e-text book:

<https://www.pearson.com/en-us/subject-catalog/p/adolescence-and-emerging-adulthood-a-cultural-approach/P200000007408/9780137554621>

Faculty Web Page and MYSJSU Messaging

Copies of the course materials such as the syllabus, chapter lecture notes, major assignment or handouts and study guides are posted on Canvas.

You are responsible for regularly checking Canvas.

Classroom Protocol:

This course is based on the active participation of the student, and the main requirement is **READING** and **ATTENDANCE**. You are expected to read the assigned materials before class, so that the teacher can elaborate and expand. Because of time constraints it may not be impossible to cover all the segments of a given unit. However, you are responsible for all the assigned reading, as the exams will include questions from **ALL** the parts of the unit. We will cover one chapter per week, and follow the sequence of the textbook, chapter-by-chapter.

Review sessions: Approximately every few weeks we will have review session for the previously studied material. We will divide into groups, led by students. Your participation is highly encouraged.

Attendance:

Your regular attendance and participation are factors contributing to the successful completion of this course. If you do not attend class you will miss on the opportunity to ask questions and to get clarifications. In addition, **please make all effort to come to class on time.**

NOTE that University policy F69-24, "Students should attend all meetings of their classes, not only because they are responsible for material discussed therein, but because active participation is frequently essential to insure maximum benefit for all members of the class. Attendance per se shall not be used as a criterion for grading."

Definition of a Credit Hour

Success in this course is based on the expectation that students will spend, for each unit of credit, a minimum of forty-five hours over the length of the course (normally 3 hours per unit per week with 1 of the hours used for lecture) for instruction or preparation/studying or course related activities including but not limited to internships, labs, clinical practica. Other course structures will have equivalent workload expectations as described in the syllabus.

As an example, the expectation of work for a 3-credit course is 150-minutes of direct faculty instruction and six hours of out-of-class student work each week.

Distractions:

You cannot surf the Internet, text-message, check your messages or respond to cell-phone during class.

Teacher Availability:

Do not hesitate to email me or to come by with questions. **As my goal is for every student to succeed in my class, if you have not done well on any of the tests, please come to see me ASAP.**

Dropping and Adding:

Students are responsible for understanding the policies and procedures about add/drops, academic renewal, etc. [Information on add/drops are available at http://info.sjsu.edu/web-dbgen/narr/soc-fall/rec-298.html](http://info.sjsu.edu/web-dbgen/narr/soc-fall/rec-298.html). [Information about late drop is available at http://www.sjsu.edu/sac/advising/latedrops/policy/](http://www.sjsu.edu/sac/advising/latedrops/policy/). Students should be aware of the current deadlines and penalties for adding and dropping classes.

- **Exams: We will have 2 midterms and 1 final.** Each midterm will consist of 50 multiple-choice questions. Each question is worth 2 points. Please bring a scantron (#882) and a pencil. Each Midterms exams worth 20% of the final grade (40% total for both of the midterms) while the final exam worth 30% of the final grade. Final will be cumulative.
- **Classroom activities (15%).** These activities are all online on some of the Thursdays (please check the syllabus schedule for the exact dates). **They open up canvas at 9:00 AM and close at 6:00PM. Since**

you have the full day to complete them, these assignments cannot be made up by any means.

On those Thursdays, we do not meet in-person . Each of the classroom activities are worth about 3% of your final grade *(This may change depending on how many are given throughout the semester)*. There will be roughly around 5 classroom activities.

- **Presentation (15%):** There will be 8-10 min PowerPoint presentations done in groups of 2 on any topic that is of your interest related to any of the topic covered in the class. **Presentation should be based on 4-5 recent related peer-reviewed journal articles.** Try to pick topics that are on the most recent discoveries related to the field. Every person in the group has to attend and speak during the presentation to receive a grade. **A person who is a no show will receive a zero grade on the presentation.**

Assignment	How Many?	# of Points per	Percentage%
2 Midterms (30% of the final grade)	2	100	20% each (40% total)
1 Final Exam (25%)	1	100	30%
Presentation (15%)	1	100	15%
Classroom Activity (10%)	About 5	100	15%

Grading

The following grade scale will be used.

A+ (96-100%)	B+ (86-89%)	C+ (76-79%)	D+ (66-69%)	F (0-59%)
A (93-95%)	B (83-85%)	C (73-75%)	D (63-65%)	
A – (90-92%)	B – (80-82%)	C – (70-72%)	D – (60-62%)	

Exam Dates:

Midterm 1: Feb 22nd 2024
Midterm 2: March 21st 2024
Final: Friday, May 17 at 12:15-2:30 PM

University Policies

Academic integrity

Students should know that the University's [Academic Integrity Policy is available at \[http://www.sa.sjsu.edu/download/judicial_affairs/Academic_Integrity_Policy_S\]\(http://www.sa.sjsu.edu/download/judicial_affairs/Academic_Integrity_Policy_S\)](http://www.sa.sjsu.edu/download/judicial_affairs/Academic_Integrity_Policy_S)

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[07-2.pdf](#). Your own commitment to learning, as evidenced by your enrollment at San Jose State University and the University's integrity policy, require you to be honest in all your academic course work. Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development. The website for [Student Conduct and Ethical Development is available at \[http://www.sa.sjsu.edu/judicial_affairs/index.html\]\(http://www.sa.sjsu.edu/judicial_affairs/index.html\)](#).

Instances of academic dishonesty will not be tolerated. Cheating on exams or plagiarism (presenting the work of another as your own, or the use of another person's ideas without giving proper credit) will result in a failing grade and sanctions by the University. For this class, all assignments are to be completed by the individual student unless otherwise specified. If you would like to include in your assignment any material you have submitted, or plan to submit for another class, please note that SJSU's Academic Policy F06-1 requires approval of instructors.

Campus Policy in Compliance with the American Disabilities Act

If you need course adaptations or accommodations because of a disability, or if you need to make special arrangements in case the building must be evacuated, please make an appointment with me as soon as possible, or see me during office hours. Presidential Directive 97-03 requires that students with disabilities requesting accommodations must register with the DRC (Disability Resource Center) to establish a record of their disability.

Student Technology Resources

Computer labs for student use are available in the Academic Success Center located on the floor of the Student Union. Additional computer labs may be available in your department/college. Computers are also available in the Martin Luther King Library.

A wide variety of audio-visual equipment is available for student checkout from Media Services located in IRC 112. These items include digital and VHS camcorders, VHS and Beta video players, 16 mm, slide, overhead, DVD, CD, and audiotape players, sound systems, wireless microphones, projection screens and monitors.

Learning Assistance Resource Center

The Learning Assistance Resource Center (LARC) is located in Room 600 in the Student Services Center. It is designed to assist students in the development of their full academic potential and to motivate them to become self-directed learners. The center provides support services, such as skills assessment, individual or group tutorials, subject advising, learning assistance, summer academic preparation and basic skills development. [The LARC website is located at <http://www.sjsu.edu/larc/>](http://www.sjsu.edu/larc/).

SJSU Writing Center

The SJSU Writing Center is located in Room 126 in Clark Hall. It is staffed by professional instructors and upper-division or graduate-level writing specialists from each of the seven SJSU colleges. Our writing specialists have met a rigorous GPA requirement, and they are well trained to assist all students at all levels within all disciplines to become better writers. [The Writing Center website is located at http://www.sjsu.edu/writingcenter/about/staff/](http://www.sjsu.edu/writingcenter/about/staff/).

Peer Mentor Center

The Peer Mentor Center is located on the floor of Clark Hall in the Academic Success Center. The Peer Mentor Center is staffed with Peer Mentors who excel in helping students manage university life, tackling problems that range from academic challenges to interpersonal struggles. On the road to graduation, Peer Mentors are navigators, offering “roadside assistance” to peers who feel a bit lost or simply need help mapping out the locations of campus resources. Peer Mentor services are free and available on a drop –in basis, no reservation required. [Website of Peer Mentor Center is located at http://www.sjsu.edu/muse/peermentor/](http://www.sjsu.edu/muse/peermentor/)

Psych 112-03 Course Schedule*

The list presents the sequence of topics. The actual schedule is subject to change with fair notice announced in class.

Date	Topics, Readings, Assignments, Deadlines
January 30th	Introduction to class
Feb 6th	Chapter 1 (Adolescence in General)
Feb 8th	Chapter 2 (Biological Foundation) Join Zoom Meeting https://us06web.zoom.us/j/85361779312
Feb 13th	Chapter 3 (Cognitive Foundation)
Feb 15th	Class assignment #1 on your own (starts at 8:30 AM and ends on 11:00PM)
Feb 20th	Chapter 4 (Cultural Beliefs and Chapter 5)
Feb 22nd	Mid-Term Exam #1
Feb 27th	Chapter 7th
Feb 29th	Chapter 8 (Peer relationships)
March 5th	Finding group mates (Please do not lose this class OR it will affect your Group Presentation)
March 7th	Class assignment #2 on your own (starts at 8:30 AM and ends on 11:00PM)
March 12th	Chapter 9 (Love and Sexuality)
March 14th	Chapter 13 th -Special Needs Adolescents

March 19th	Chapter 13 th -Special Needs Adolescents
March 21st	Mid-term Exam #2
March 26th	Chapter 12 (Media)
March 28th	Class assignment #3 on your own (starts at 9:00 AM and ends on 6:00PM)
April 1st to April 5th	Spring Break (No classes)
April 9th	Chapter 11 (Work)
April 11th	Class assignment #4 on your own (starts at 9:00 AM and ends on 6:00PM)
April 16th	Chapter 10 (School)
April 18th	Class assignment #5 on your own (starts at 9:00 AM and ends on 6:00PM)
April 23rd	Group Presentations (In-person or via zoom)
April 25th	Group Presentations (In-person or via zoom)
April 30th	Group Presentations (In-person or via zoom)
May 7th	Group Presentations (In-person or via zoom)
Friday, May 17 at 12:15-2:30 PM	Final Exam (Cumulative)