San José State University Department of Psychology Psyc 1, Introduction to Psychology, Section 1, Spring 2025

(SJSU Studies Category: GE-D1 Social Sciences)

Instructor: Patrick F. Cravalho, PhD

Email: patrick.cravalho@sjsu.edu

Office Location: Dudley Moorhead Hall, Room 232

Student Drop-in Hours: In-person AND on Zoom on Tuesdays & Thursdays from 10:20am to 11:20am

(Zoom link: https://sjsu.zoom.us/j/85695494828)

OR email me to set up a Zoom appointment on Monday or Wednesday. **NOTE**: for drop-in hours or appointments via Zoom, you need to use your

SJSU Zoom account to join the meeting.

Class Days/Time: Held in-person on Tuesdays & Thursdays, from 12:00pm to 1:15pm.

Classroom: Morris Dailey Auditorium (located in Tower Hall)

Course Description

Study of subfields and topics of psychology including, but not limited to, psychological research, perception, cognition, learning, human development, & personality; designed to give insight into oneself and others.

GE Area D Learning Outcomes (ALO)

Upon successful completion of this course, students will be able to:

- 1. demonstrate understanding of the ways in which social institutions, culture, and environment shape and are shaped by the behavior of individuals, both past and present.
- 2. compare and contrast the dynamics of two or more social groups or social systems in a variety of historical and/or cultural contexts.
- 3. place contemporary social developments in cultural, environmental, geographical, and/or historical contexts.
- 4. draw on social/behavioral science information from various perspectives to formulate applications appropriate to historical and/or contemporary social issues.

Student Athletes

If you are a student athlete, please inform me at the beginning of the semester of any team obligations. If there are any conflicts between your obligations and class participation/assignments, we may need to figure out alternative arrangements for you to participate or complete an assignment.

Course Learning Outcomes (CLO)

Upon successful completion of this course, students will be able to:

1. Students shall be able to identify and analyze the social dimension of society as a context for human life, the processes of social change and social continuity, the role of human agency in those processes, and the forces that engender social cohesion and fragmentation.

This objective is met through material presented in Chapters 2, 3, 5, 14 in Feist & Rosenberg (2022), lectures, and multimedia presentations (e.g., films/videos, internet activities/assignments). General topics addressed: sensing, organizing, identifying, and recognizing; reality, ambiguity, and illusions; sensory knowledge of the world; organizational processes in perception; identification and recognition processes; cognitive development across the lifespan, acquiring language, social development across the lifespan, gender development, moral development, learning to age successfully; constructing social reality, attitudes, attitude change and action, prejudice, social relationships; the power of the situation; roles and rules, social norms, conformity, situational power; altruism and prosocial behavior; aggression, evolutionary perspectives, individual differences, cultural constraints; obedience to authority, and the psychology of conflict and peace.

2. Students will be able to place contemporary developments in cultural, historical, environmental, and spatial contexts.

This objective is met through material presented in Chapters 1, 2, 5, 10, 15, and 16 in Feist & Rosenberg (2022), as well as material presented in lectures and multimedia presentations (e.g., films/videos, internet activities/assignments). General topics addressed: evolution of modern psychology, historical foundations, and current cultural perspectives; the processes of research, psychological measurements, historical and current ethical issues in human and animal research; analyzing psychological research with descriptive and inferential statistics, becoming a wise consumer of research; intelligence and intelligence assessment, basic features of formal assessment, the origins of intelligence testing, the history and politics of intelligence testing, heredity and IQ, environments and IQ, culture and the validity of IQ tests; the nature of psychological disorders, deciding what is normal, historical perspectives of mental illness, etiology of psychopathology, the stigma of mental illness; the therapeutic context, goals and major therapies, historical and cultural contexts, treatment evaluation and prevention strategies, therapies and brain activity.

3. Students will be able to identify the dynamics of ethnic, cultural, gender/sexual, age-based, class, regional, national, transnational, and global identities and the similarities, differences, linkages, and interactions between them.

This objective is met through Chapters 3, 5, 7, 8, 9, 10, 11, 12, 14, and 15 in Feist & Rosenberg (2022), lectures, and multimedia presentations (e.g., films/videos, internet activities/assignments). General topics addressed: the biological and evolutionary bases of behavior, heredity and behavior, evolution and natural selection, variation in the human genotype, biology and behavior; cognitive processes, studying cognition, discovering the processes of mind, mental processes and mental resources, language use, language production, language understanding, language, thought and culture, visual cognition, problem solving and reasoning; judgment and decision making; physical development across the life span, cognitive development across the life span, perceiving speck and perceiving words, learning word meanings, acquiring grammar, social development across the life span, gender development, sex and gender, the acquisition of gender roles, gender and cultural perspectives on moral reasoning, learning to age successfully; functions of motivational concepts, sources of motivation, sexual behaviors, nonhuman sexual behaviors, human sexual arousal and response, the evolution of sexual behaviors, sexual norms, homosexuality, motivation for personal achievement, need to achievement, attributions for success and failure, work and organizational psychology; understanding human personality.

4. Students will be able to evaluate social science information, draw on different points of view, and formulate applications appropriate to contemporary social issues.

This objective is met through material presented in Chapters 2, 6, 10, 13, and 16 in Feist & Rosenberg (2022), lectures, and multimedia presentations (e.g., films/videos, internet activities/assignments). General topics addressed: analyzing psychological research, descriptive statistics, inferential statistics, becoming a wise consumer of statistics; the study of learning, evaluating the effectiveness of different learning procedures, the experimental analysis of behavior, observational learning; basic emotions and culture, functions of emotions, stress of living, physiological stress reactions, psychological stress reactions, coping with stress, health promotion, personality and health, job burnout and the health-care system.

5. Students will be able to recognize the interactions of social institutions, culture, and environment with the behavior of individuals.

This objective is met through Chapters 14, 15, and 16 in Feist & Rosenberg (2022) and lectures, and multimedia presentations (e.g., films/videos, internet activities/assignments). General topics addressed: the power of the situation, altruism and prosocial behavior, the psychology of peace and conflict; constructing social reality, attitudes and attitude change, prejudice, social relationships; deciding who is abnormal, the problem of objectivity in defining abnormal behaviors, classifying psychological disorders, the etiology of psychopathology, anxiety disorders (types and causes), mood disorders (types and causes), gender differences in depression, suicide, psychological disorders in childhood, schizophrenic disorders, the stigma of mental illness.

Materials

- 1. The required textbook for this course is the electronic form (e-book) of *Psychology: Perspectives & Connections with Connect Plus (2022, 5th edition)*, Feist & Rosenberg, McGraw-Hill (**ISBN-978126410806-0**). Do NOT purchase a hardcopy of the book. The great news is that you have automatic access to the book today on Canvas and McGraw-Hill Campus (Connect). This is called "First Day". You get charged by bursars office after drop deadline, Feb 18. You automatically have access to the course materials on day one without entering a code or being charged upfront. Buy nothing else. After the add drop period, your bursar account will be billed at a discounted rate for the required course materials representing significant savings for you as the student. If you choose to not have your account be billed, you must "opt out" before the required deadline. If you do not opt out, you will be charged. We highly recommend you do not opt out if you are going to continue in this course because this is the lowest cost available for this product. After you have paid for the product, you will have access for the remainder of the term. There are two ways to access the Smart e-book:
 - Go to Canvas and then MCGRAW-HILL CONNECT follow links.
 - Go to Canvas ASSIGNMENTS and click on first assignment and the Smartbook will launch.

NOTE: If you run into any technical difficulties, please call McGraw-Hill's Customer Experience Group by dialing 1(800) 331-5094 or submit the "Contact Us" form found online at www.mhhe.com/support.

- 2. Laptop/desktop/tablet computer, and Internet access. SJSU has a free equipment loan program for students: https://www.sjsu.edu/learnanywhere/equipment/index.php.
- 3. Access to Google documents, sheets, & slides or to Microsoft Word, Excel, & PowerPoint or to Apple Pages, Numbers, & Keynote. **NOTE**: SJSU students can utilize Microsoft Word, Excel, and PowerPoint online for free (see https://www.sjsu.edu/it/services/collaboration/software/instructions.php).

Library Liaison: Christa Bailey (christa.bailey@sjsu.edu). Libguide: http://libguides.sjsu.edu/psychology.

Email Communication

Please send all email communications to <u>patrick.cravalho@sjsu.edu</u> and include "Psyc 1" in the subject line. **Please do not message me through Canvas.** Finally, please write separate emails for communicating different topics, rather than writing about multiple topics in one email. Following these guidelines will ensure I'm able to read and reply to your message as quickly as possible.

Checking your SJSU email regularly

If I need to contact you, but I have not received any prior email communication from another one of your email accounts, I will contact you via your sjsu.edu email address. Therefore, please regularly check your sjsu.edu email address or have it forwarded to the email that you do check regularly.

Checking Canvas regularly

I will regularly post materials, information, etc. on the following links on our Psyc 1 Canvas webpage: Announcements, Assignments, Files, and Grades. Please regularly check our Psyc 1 Canvas webpage (all of the links listed above are on the left side of our Psyc 1 Canvas webpage).

Classroom Protocol

This is an in-person class. Therefore, lectures will not be broadcast or recorded on Zoom, as it is university policy (F69-24; http://www.sjsu.edu/senate/docs/F69-24.pdf) that students should attend all meetings of their classes. (Note: there are no points/grades associated with class attendance or participation.) Arrive to class on time. Arriving late disrupts other students and interferes with the continuity of the lectures and class activities. If you cannot avoid being late, please enter the class through the least noticeable door and quietly take a seat. Do not start a conversation to catch up on information you missed. Leaving early is equally disruptive. However, if you must, please leave through the least noticeable door. If you miss a class, you are responsible for contacting your instructor to inquire about the information you missed from that class. Food and drinks are permitted during class, but you must be sure that your space is clean when you leave the classroom.

Your attention is expected during class. Therefore, phones, music players, etc. are not allowed to be used during class (i.e., all devices should be put away and set to not make any noise) so that one stays focused on our class discussions. If you are using your phone or another device during class, you may be asked to put it away. If you are using your phone or another device repeatedly after being asked to put it away, you may be asked to leave. In addition, do not sleep, carry on conversations, or work on course material (including studying or reading for other classes) during class. These rules are not only so you will not distract yourself, but also so you will not distract your classmates or your instructor. Be polite and respectful to your classmates and to your instructor.

Laptops/Tablets

<u>Starting Week 3</u>, laptop/tablet use will be allowed in class, but be restricted to note-taking. If you choose to use a laptop/tablet for note-taking, you will sit in the back third of the classroom. No connecting to the internet during class time to check email, social network, surf the web, etc. If you are seen engaging in any other laptop/tablet activity other than note-taking, your privileges will be revoked for the remainder of the semester.

Diversity Statement

We will create a safe and diversity-sensitive learning environment that respects the rights, dignity, and welfare of all students, faculty, and staff. Diversity means the fair representation of all groups, the inclusion of minority perspectives and voices, and appreciation of different cultural and socioeconomic group practices. I aspire to foster and maintain an atmosphere that is free from discrimination, harassment, exploitation, or intimidation.

Course Requirements and Assignments

Success in this course is based on the expectation that students will spend, for each unit of credit, a minimum of 45 hours over the length of the course (normally three hours per unit per week) for instruction, preparation/studying, or course related activities, including but not limited to internships, labs, and clinical practice. Other course structures will have equivalent workload expectations as described in the syllabus. More details about student workload can be found in <u>University Policy S16-9</u>.

Quizzes

There will be fourteen quizzes, worth a total of 86 points. All quizzes will include multiple-choice questions and be taken through the Canvas Quizzes link. Most will be Smartbook quizzes covering the textbook chapters.

Students are responsible for ensuring that they have access to reliable Wi-Fi during quizzes. If you will not have reliable Wi-Fi for a quiz, inform the instructor at least two days before the quiz opens in order for an alternative plan to be made. See the following link for current Wi-Fi options on SJSU campus: https://www.sjsu.edu/learnanywhere/equipment/index.php

If you have difficulties with Canvas during a quiz, *first* contact SJSU technical support for Canvas (see contact information below) and complete the quiz if possible. *Then* contact the instructor to explain your situation.

Email: ecampus@sjsu.edu Phone: (408) 924-2337 Webpage: https://www.sjsu.edu/ecampus/support/

Application Assignments

You will complete twelve application assignments via Canvas submission. These assignments are worth a total of 60 points (5 points each). These assignments include creating a goal for the course and will support learning of our weekly topics.

Writing Assignment

This will be a 2-3 page (double-spaced, single sided) paper. Proper spelling, grammar, and punctuation is expected and will be factored into your grade. Plagiarized writing assignments will result in a failing grade for the course (i.e., a grade of "F"). More details regarding the structure of the writing assignment will be provided in class. The writing assignment will be turned in electronically via Canvas. This assignment is worth 42 points.

Assignment Late Submission Policy

It is very important to stay up-to-date on the application and writing assignment due dates by following the schedule below. For each day an assignment is submitted past the due date, 10% will be deducted from your grade. Assignments are set to allow you two submissions, but only the most recent submission turned in before the deadline will be graded. Any submission that comes after another submission has been graded, will not be graded (i.e., no resubmissions are allowed).

Assignment Make-up Policy

If you have a legitimate reason for missing an assignment due date, you may be permitted to make up that assignment without the late submission penalty. However, you will need to contact me as early as you can to let me know your reason for missing the assignment, especially if you know you'll need an extension ahead of the due date. Then we can figure out your timeline for making up the assignment. If you miss the assignment due to an unanticipated reason, please contact me within the 24 hours after the assignment was due.

Department of Psychology Research Participation

An important part of the educational experience of Psyc 1 is not only learning about important facts and findings from scientific research in psychology but also serving as a participant in research in psychology. Broad exposure to a variety of research methodologies (experiments, correlational studies, lab studies, online studies, etc.) will provide experiential knowledge for students. This experience contributes to **Course Learning Objective 4**, as well aligning with **Program Learning Outcome 2** (Research Methods in Psychology).

Thus, it is mandated for Psyc 1 courses that each student obtain a certain number of hours as a participant in research studies in the department. Research participation will count towards your course grade.

You can view available studies offered by the psychology department and sign up for the research participation on the SONA online system: https://sjsu.sona-systems.com/

Details on how to set up an account in SONA in order to participate in research is included in the distributed handout and on the psychology department's website: https://www.sjsu.edu/psych/resources/research-pool.php

There are several requirements by the department in order to receive full credit for research participation:

- 1) All students should complete at least one hour of their required research hours by March 1st.
- 2) Half of your research credit participation or 2 credit hours of your 4 hours must be in-person lab studies. Lab studies are studies that require your physical attendance at an experiment held on campus, as opposed to online studies that include virtual participation in research.

Research participation will be treated as a course assignment worth 6% of the final course grade (i.e., 12 points). But to obtain the full 6%, you will need to complete 4 hours of research participation. Anything less than 4 hours will result in less than 6%. (1.5% per hour):

- If you elect to not participate in research, you can consider the alternative assignment option for full or partial credit for your research hours. Please see the distributed handouts on the alternative assignment for details on the requirements.
- All research hours and alternative assignments must be completed by May 12th.

Department of Psychology Policy for Awarding Research Hours for Partial Completion

For psychology students at SJSU, research participation is a requirement for completion of the Psyc 1 General Psychology course. However, it is the view of the department that **proportional credit** can be given in that points awarded should be commensurate with the effort expended by participants in studies.

Consistent with IRB ethical guidelines, participants can always elect to withdraw from a study for any reason. In these cases, credit will be granted in proportion to the amount of the study completed, with a minimum credit of 0.25 hours.

In cases where participants complete a study unreasonably quickly, credit will be granted in proportion to the amount of the study completed, with a minimum credit of 0.25 hours.

Artificial Intelligence (AI) Policy

This policy covers any generative AI tool (e.g., ChatGtP, Elicit, etc.) used to produce text, artwork, graphics, video or audio. You are NOT allowed to use AI tools for quizzes, assignments or extra credit opportunities UNLESS given direct permission from your instructor to do so. You may use AI tools to help generate ideas, but note that the material generated by these programs may be inaccurate, incomplete, or otherwise problematic as AI tool use may stifle your independent thinking and creativity. Please contact your instructor if you are unsure or have questions BEFORE using AI for this class. If after discussion with your instructor, AI is permitted to be used, you must indicate what part of the assignment was created by AI and what was created by you. No more than 20% of an assignment should be created with AI. Any AI tool use without the permission of the instructor will be counted as plagiarism. AI policy was revised from policies by Sandy Fyfe and Holly Fernandez-Lynch.

Extra Credit Opportunities

A total of ten extra credit points may be added to your final point total if you take advantage of the following opportunities. Ten points is a substantial amount (i.e., 5% of your final grade), but the points must be earned and are being made available to encourage effective learning habits.

The first set of opportunities will be to earn seven points for completing your writing assignment and research participation early. Specifically, you must submit each of these assignments two days early. For example, your **Fake News Writing Assignment** is due by 11:59pm on Sunday (3/30), so you must turn it in before 11:59pm on Friday (3/28) for it to count as two days early. You can four bonus points by submitting the **Fake News Writing Assignment** early. You can earn one bonus point for completing **at least one hour of Research Participation** by 11:59pm on Thursday (2/27), since the deadline to complete one hour of research participation is Saturday (3/1). You can earn two bonus points for completing **all four hours of Research Participation** by 11:59pm on Saturday (5/10), since the deadline to complete all four hours of research participation is Monday (5/12). These points are tiered if you do not complete all three early (e.g., if you submit only the writing assignment early, you would receive only 4 extra credit points). **These opportunities are meant to encourage you to complete the writing assignment and research participation early instead of procrastinating.**

The second set of opportunities is to earn three points for submitting the Application Assignments by the posted deadlines (see schedule below). (**NOTE**: there are no early deadlines for the Application Assignments.) You can only earn the full three points by submitting **ALL twelve Application Assignments** on time (i.e., you earn 0.25 of a point for each Application Assignment submitted on time). These points are tiered if you do not complete all twelve Application Assignments on time (e.g., if you submit 11/12 on time, you receive 2.75 extra credit points). *These opportunities are meant to encourage you to apply more of the material to your life.*

Grading Policy

Your grade will be based on the total amount of points (200 possible points) you receive from quizzes (86 possible points), application assignments (60 possible points), writing assignment (42 possible points), and research participation (12 possible points). Below is a breakdown of the amount of points needed to earn the specified letter grades. (*NOTE*: Individual quiz and assignment totals may change over the course of the semester causing a change in the total amount of points.) All students have the right, within a reasonable time, to know their academic scores, to review their grade-dependent work, and to be provided with explanations for the determination of their course grades. See University Policy F13-1 at http://www.sjsu.edu/senate/docs/F13-1.pdf for more details.

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200+ = A+ (100\%) 185-199 = A (~93-99%) 179-184 = A- (~90-92%) 175-178 = B+ (~88-89%) 165-174 = B (~83-87%) 159-164 = B- (~80-82%) 155-158 = C+ (~78-79%) 145-154 = C (~73-77%) 139-144 = C- (~70-72%) Less than 119 = F 135-138 = D+ (~68-69%) 125-134 = D (~63-67%) 120-124 = D- (~60-62%) (~59% or less)
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Study & Workspace Resources

SJSU has designated 21 classrooms on campus, for students to use for studying, attending online classes, etc. No reservations are required, students can just go to these rooms, set themselves up, and start working. See the Study Resources page on the Learn Anywhere site to find information about these study and work spaces.

Links to University Policies

General Expectations, Rights and Responsibilities of the Student

Students are encouraged to familiarize themselves with SJSU's policies and practices via University Policy S90–5 (http://www.sjsu.edu/senate/docs/S90-5.pdf). More detailed information on a variety of related topics is also available in the SJSU catalog (http://info.sjsu.edu/web-dbgen/narr/catalog/rec-12234.12506.html).

Dropping and Adding

Students are responsible for understanding the policies and procedures about add/drop, grade forgiveness (http://info.sjsu.edu/static/catalog/policies.html). Add/drop deadlines can be found on the current academic year calendars document (http://www.sjsu.edu/provost/services/academic_calendars/). The Late Drop Policy is available at http://www.sjsu.edu/aars/policies/latedrops/policy/. Information about the latest changes and news is available at the Advising Hub at http://www.sjsu.edu/advising/.

Consent for Recording of Class and Public Sharing of Instructor Material

University Policy S12-7, http://www.sjsu.edu/senate/docs/S12-7.pdf, requires students to obtain instructor's permission to record the course. Therefore, neither recording of class lectures or discussions nor distribution of course materials are allowed. Failure to follow this policy will be considered a violation of course academic integrity policy and will result in immediate expulsion from the class, a grade of F in the course, and reporting the student to the University and proper authorities for further sanctions.

Academic integrity

The University Academic Integrity Policy S07-2 at http://www.sjsu.edu/senate/docs/S07-2.pdf requires you to be honest in all your academic course work. Faculty members are required to report all infractions to the office of Student Conduct and Ethical Development (http://www.sjsu.edu/studentconduct/). Depending on the severity of the conduct, you may receive a zero on the assignment or a grade of F in the course. Grade Forgiveness does not apply to courses for which the original grade was the result of a finding of academic dishonesty.

Campus Policy in Compliance with the American Disabilities Act

Presidential Directive 97-03 (http://www.sjsu.edu/president/docs/directives/PD_1997-03.pdf) requires that students with disabilities requesting accommodations must register with the Accessible Education Center (AEC) at http://www.sjsu.edu/aec to establish a record of their disability.

Accommodation to Students' Religious Holidays

According to University Policy S14-7 (http://www.sjsu.edu/senate/docs/S14-7.pdf), SJSU shall provide accommodation on any graded class work or activities for students wishing to observe religious holidays when such observances require students to be absent from class.

Student Technology Resources & Resources for Online Learning

Computer labs and other resources for student use are available: see links: https://www.sjsu.edu/at/asc/) and https://www.sjsu.edu/student-computing-services. SJSU has consolidated its online learning resources into a single website: https://www.sjsu.edu/learnanywhere/

SJSU Peer Connections & Writing Center

Peer Connections is a campus-wide resource for mentoring and tutoring, visit their website at http://
http://
peerconnections.sjsu.edu for more information. To make an appointment with the SJSU Writing Center or to Psyc 1, Section 1, Spring 2025, Patrick F. Cravalho, PhD

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refer to the online resources offered through the Writing Center, visit their website: http://www.sjsu.edu/writingcenter.

SJSU Counseling and Psychological Services (CAPS)

All students to come into Counseling and Psychological Services, located at the Student Wellness Center, room 300B, for any support needed, visit the CAPS website at http://www.sjsu.edu/counseling.

Course Schedule

We will follow the schedule below to the greatest extent possible. However, the schedule is subject to change. You will be given fair notice of any changes via Canvas announcements.

Week	Tasks broken down by Day/Week
Week 1: Th 1/23 – Sun 1/26	Thu (1/23): Attend in-person class from Noon-1:15pm (Course Overview) Fri (1/24): 1) Read Psyc 1 Syllabus (download from Canvas Files link) & 2) Quiz 0 (Syllabus) opens on Canvas Quizzes link at 7:00am Sat (1/25): Remember to take some time to relax! Sun (1/26): Remember to take some time to do what you love!
Week 2: M 1/27 – Sun 2/2	Mon (1/27): Quiz 0 closes on Canvas Quizzes link at 11:59pm Tue (1/28): Attend in-person class from 1:30-2:45pm (Quiz 0 Review & start Student Skills) Wed (1/29): Relax, no tasks! Thu (1/30): Attend in-person class from 1:30-2:45pm (finish Student Skills) Fri (1/31): Submit Psyc 1 Course Goal Assignment on Canvas Assignments link by 11:59pm Sat (2/1): Remember to relax! Sun (2/2): Take some time to do what you love!
Week 3: M 2/3 – Sun 2/9	Mon (2/3): Read Ch. 1 (Introduction to Psychology) Tue (2/4): Attend in-person class from Noon-1:15pm (start Intro to Psychology) Wed (2/5): If need be, finish reading Ch. 1 Thu (2/6): Attend in-person class from Noon-1:15pm (finish Intro to Psychology) Fri (2/7): Complete Ch 1 SmartBook Quiz on Canvas Assignments link by 11:59pm Sat (2/8): Remember to take some time to relax & do what you love! Sun (2/9): Complete Ch 1 NewsFlash Assignment on Canvas Assignments link by 11:59pm
Week 4: M 2/10 – Sun 2/16	Mon (2/10): Read Ch. 5 (Human Development) Tue (2/11): Attend in-person class from Noon-1:15pm (Adobe Demo & start Human Development) Wed (2/12): If need be, finish reading Ch. 5 Thu (2/13): Attend in-person class from Noon-1:15pm (finish Human Development) Fri (2/14): Complete Ch 5 SmartBook Quiz on Canvas Assignments link by 11:59pm Sat (2/15): Remember to take some time to relax & do what you love! Sun (2/16): Complete Ch 5 NewsFlash Assignment on Canvas Assignments link by 11:59pm
Week 5: M 2/17 – Sun 2/23	Mon (2/17): Read Ch. 6 (Consciousness) Tue (2/18): Attend in-person class from Noon-1:15pm (start Consciousness) Wed (2/19): If need be, finish reading Ch. 6 Thu (2/20): Attend in-person class from Noon-1:15pm (finish Consciousness) Fri (2/21): Complete Ch 6 SmartBook Quiz on Canvas Assignments link by 11:59pm Sat (2/22): Remember to take some time to relax & do what you love! Sun (2/23): Complete Ch 6 NewsFlash Assignment on Canvas Assignments link by 11:59pm

Week	Tasks broken down by Day/Week
Week 6: M 2/24 – Sun 3/2	Mon (2/24): Read Ch. 7 (Memory) Tue (2/25): Attend in-person class from Noon-1:15pm (start Memory) Wed (2/26): If need be, finish reading Ch. 7 Thu (2/27): 1) Attend in-person class from Noon-1:15pm (finish Memory) & 2) Early deadline to complete ONE hour of Research Participation Fri (2/28): Complete Ch 7 SmartBook Quiz on Canvas Assignments link by 11:59pm Sat (3/1): Complete ONE hour of Research Participation by 11:59pm Sun (3/2): Remember to take some time to do what you love!
Week 7: M 3/3 – Sun 3/9	Mon (3/3): Read Ch. 8 (Learning) Tue (3/4): Attend in-person class from Noon-1:15pm (Fake News Writing Assignment Overview & start Learning) Wed (3/5): If need be, finish reading Ch. 8 Thu (3/6): Attend in-person class from Noon-1:15pm (finish Learning) Fri (3/7): Complete Ch 8 SmartBook Quiz on Canvas Assignments link by 11:59pm Sat (3/8): Remember to take some time to relax! Sun (3/9): Remember to take some time to do what you love!
Week 8: M 3/10 – Sun 3/16	Mon (3/10): Read Ch. 9 (Language & Thought) Tue (3/11): Attend in-person class from Noon-1:15pm (start Language & Thought) Wed (3/12): If need be, finish reading Ch. 9 Thu (3/13): Attend in-person class from Noon-1:15pm (finish Language & Thought) Fri (3/14): Complete Ch 9 SmartBook Quiz on Canvas Assignments link by 11:59pm Sat (3/15): Remember to take some time to relax & do what you love! Sun (3/16): Complete Ch 9 NewsFlash Assignment on Canvas Assignments link by 11:59pm
Week 9: M 3/17 – Sun 3/23	Mon (3/17): Read Ch. 10 (Intelligence, Problem Solving, & Creativity) Tue (3/18): Attend in-person class from Noon-1:15pm (start Intelligence, Problem Solving, & Creativity) Wed (3/19): If need be, finish reading Ch. 10 Thu (3/20): Attend in-person class from Noon-1:15pm (finish Intelligence, Problem Solving, & Creativity) Fri (3/21): Complete Ch 10 SmartBook Quiz on Canvas Assignments link by 11:59pm Sat (3/22): Remember to take some time to relax & do what you love! Sun (3/23): Complete Ch 10 NewsFlash Assignment on Canvas Assignments link by 11:59pm
Week 10: M 3/24 – Sun 3/30	Mon (3/24): Read Ch. 2 (Scientific Thinking & Research in Psychology) Tue (3/25): Attend in-person class from Noon-1:15pm (Scientific Thinking) Wed (3/26): If need be, finish reading Ch. 2 Thu (3/27): Attend in-person class from Noon-1:15pm (finish Research in Psychology) Fri (3/28): Complete Ch 2 SmartBook Quiz on Canvas Assignments link by 11:59pm & 2) Early deadline to complete Fake News Writing Assignment Sat (3/29): Remember to take some time to relax & do what you love! Sun (3/30): Complete Fake News Writing Assignment on Canvas Assignments link by 11:59pm
Week 11: M 3/31 – Sun 4/6	SPRING BREAK Relax, NO Classes! NO Quiz, Self-test, or Assignment due! NO student drop-in Hours!
Week 12: M 4/7 – Sun 4/13	Mon (4/7): Read Ch. 11 (Motivation & Emotion) Tue (4/8): Attend in-person class from Noon-1:15pm (start Motivation & Emotion) Wed (4/9): If need be, finish reading Ch. 11 Thu (4/10): Attend in-person class from Noon-1:15pm (finish Motivation & Emotion) Fri (4/11): Complete Ch 11 SmartBook Quiz on Canvas Assignments link by 11:59pm Sat (4/12): Remember to take some time to relax & do what you love! Sun (4/13): Complete Ch 11 NewsFlash Assignment on Canvas Assignments link by 11:59pm

Week	Tasks broken down by Day/Week
Week 13:	Mon (4/14): Read Ch. 12 (Stress & Health)
M 4/14 – Sun 4/20	Tue (4/15): Attend in-person class from Noon-1:15pm (start Stress & Health)
	Wed (4/16): If need be, finish reading Ch. 12
	Thu (4/17): Attend in-person class from Noon-1:15pm (finish Stress & Health) Fri (4/18): Complete Ch 12 SmartBook Quiz on Canvas Assignments link by 11:59pm
	Sat (4/19): Remember to take some time to relax & do what you love!
	Sun (4/20): Complete Ch 12 NewsFlash Assignment on Canvas Assignments link by 11:59pm
Week 14:	Mon (4/21): Read Ch. 13 (Personality: The Uniqueness of the Individual)
M 4/21 – Sun 4/27	Tue (4/22): Attend in-person class from Noon-1:15pm (start Personality)
	Wed (4/23): If need be, finish reading Ch. 13
	Thu (4/24): Attend in-person class from Noon-1:15pm (finish Personality) Fri (4/25): Complete Ch 13 SmartBook Quiz on Canvas Assignments link by 11:59pm
	Sat (4/26): Remember to take some time to relax & do what you love!
	Sun (4/27): Complete Ch 13 NewsFlash Assignment on Canvas Assignments link by 11:59pm
Week 15:	Mon (4/28): Read Ch. 14 (Social Behavior)
M 4/28 –	Tue (4/29): Attend in-person class from Noon-1:15pm (start Social Behavior)
Sun 5/4	Wed (4/30): If need be, finish reading Ch. 14
	Thu (5/1): Attend in-person class from Noon-1:15pm (finish Social Behavior) Fri (5/2): Complete Ch 14 SmartBook Quiz on Canvas Assignments link by 11:59pm
	Sat (5/3): Remember to take some time to relax & do what you love!
	Sun (5/4): Complete Ch 14 NewsFlash Assignment on Canvas Assignments link by 11:59pm
Week 16:	Mon (5/5): Read Ch. 15 (Psychological Disorders)
M 5/5 –	Tue (5/6): Attend in-person class from Noon-1:15pm (start Psychological Disorders)
Sun 5/11	Wed (5/7): If need be, finish reading Ch. 15
	Thu (5/8): Attend in-person class from Noon-1:15pm (finish Psychological Disorders) Fri (5/9): Complete Ch 15 SmartBook Quiz on Canvas Assignments link by 11:59pm
	Sat (5/10): Early deadline to complete ALL 4 hours of Research Participation
	Sun (5/11): Complete Ch 15 NewsFlash Assignment on Canvas Assignments link by 11:59pm
Final:	Mon (5/12): Complete ALL 4 hours of Research Participation by 11:59pm
Wed 5/14	Tue (5/13): Feel free to complete the Course Goal Follow-up Assignment early!
10:45 - 12:45PM	Wed (5/14): Complete Course Goal Follow-up Assignment on Canvas Assignments link by 11:59pm